

U3A Inner North acknowledges the traditions and culture of the Kaurna People, the First Peoples of the Adelaide plains . We respect and acknowledge their Elders, past, present, and emerging.

President's Report



Term 3 completed! That was quick! We must be having a lot of fun. Spring is here, warmer days are starting to appear, and gardens are starting to bloom. Let's hope the pollen doesn't irritate too many people.

Development of the 2027 program is well underway with our Program Co-ordinator, Sue McMillan establishing the range of activities and courses for next year. The program is very dependent on U3A Inner North members offering to tutor or co-ordinate an activity. It is amazing the range of backgrounds, skills, and areas of interest that members have. Sharing your background or interest is what U3A is all about. Please contact Sue McMillan to explore how to set up an activity or course.

Our membership continues to grow with well over 400 active members currently. Our growth in membership means we are meeting members' needs and expectations through the program that is provided.

As you are aware the AGM is occurring on 17 November at noon. An email (including a nomination form) was sent to all members asking you to reserve this date. As stated in the Constitution, nominations must be received 4 weeks prior to the AGM. Contact me if you require further information prior to nominating.

This newsletter is packed with a wide range of articles showing how members are participating in our current program. Enjoy the stories. Thank you, Cathy Birchmore, for your work in managing and editing the Newsletter.

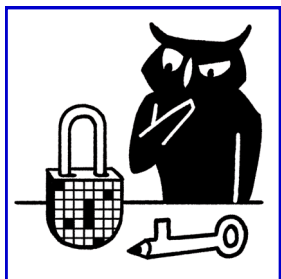
Enjoy the third term break. Renew your energy for an exciting fourth term at U3A Inner North.

Wayne Turner

President

president@u3ainnernorth.org.au

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Cryptic Crosswords

Secret angry conversations can be a puzzle (7, 10)

If you have solved this clue then you should join our Cryptic Crosswords Group.

If you could not solve it and you would like to learn how to solve this and other intriguing clues you should join our Cryptic Crosswords Group.

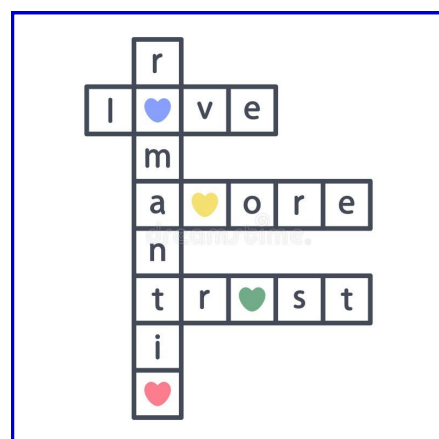
Cryptic Crosswords are absorbing and challenging puzzles that at first seem nonsensical and confusing but once you have learned how the various clues are constructed, they can become very enjoyable and addictive.

Everyone is welcome in the Cryptic Crossword Group from complete novices to experienced solvers. We work as a group or in 2s or 3s to solve cryptic crosswords on the 2nd Thursday of each month.

If you already love cryptic crosswords or would like to learn how to solve them join the group via your Member Portal. A PDF of the introductory lecture is available to help you get started.

Linda Christy - Tutor Cryptic Crosswords

(Answer on last page)



Armchair Travel

This is the 6th year we have been running our Armchair Travel group and we haven't run out of places to go yet! We started in 2020 with 8 enrolled and now we have 50 on our list.

Initially we had to cajole members into giving talks about their travels but these days we are having to turn away

offers! Members (and tutors) have developed skills in dealing with the technology side, and members are now able to make quality contributions to the program, usually using their own photographs. The personal touch makes the talks so much more enjoyable than a travel documentary!

So let's hope we can all continue to travel, if only by sitting in a chair (without arms) in MR1 on a Thursday morning.

Pauline Kemp and Rodney Gracey - Coordinators





Guest Speaker Series

An enthusiastic group was 'All Shook Up' recently as we spent a Tuesday afternoon learning more about Elvis Presley's life as narrated explicitly and passionately by Nancy from the Sound of Elvis of Fan Club SA Inc. We revisited Elvis' early years in Tupelo, Mississippi where he grew up in a poor and religious home and how gospel, blues and country music influenced his singing style.

We tracked his move to Memphis as a teenager

and his rise to international fame, his time in Germany in the US Army and his later life as a megastar in Las Vegas. Have you seen the Elvis Presley memorial in the Adelaide Botanic Gardens? Check it out next time you visit.

Thanks ever so much Nancy - we no longer have 'Suspicious Minds'. **Sue McMillan**

A Crime Fiction Fan? You're in luck.

The life story of Agatha Christie Queen of Crime has been rescheduled to Tuesday 27th October at 1pm in Meeting Room 2 at ECC.

Presenter, David Kilner, took to a life of crime reading at the tender age of eleven, when he discovered Sherlock Holmes, and has never repented. As a teenager he became addicted to Hercule Poirot, Miss Marple and other Agatha Christie stories, leading him to investigate the history of crime fiction and its superstars. It gets worse – for his sins he was sentenced to writing his own stories and has published three detective novels.

[Book through the Member Portal to join this presentation.](#)

Social Badminton



A new physical activity was introduced during term 3 to add to the range of offerings for those who want to learn or simply hone their skills in this exciting and fun activity. We currently have 2 courts set up in the ECC Stadium to meet the number of members enrolled but can extend that to 3 courts as numbers increase. We meet on Thursdays at 1pm in the ECC Stadium. Most of the U3A Inner

North members who are enrolled are beginners so there is a lot of laughter as we get used to hitting the shuttlecock (also called a "birdie") over the high net. As a result, there is a focus on learning the rules, developing technique, and most importantly, having fun on the court.

Badminton is one of Australia's most popular racquet sports, offering an exciting blend of strategy and skill. For more information contact: **Wayne Turner**

Craft Group Raffle Teddy Bear



This year, Sue our professional teddy bear maker had an idea to make and dress the raffle Teddy Bear. We are accepting garments from all our group's accomplished knitters, sewing experts and crocheters. The plan is to produce a small wardrobe of clothes for Ted. So far, he has one jumper and pants with braces. Also near completion is a lovely cream patterned cardigan. We are doing a range of clothes, so that the winner will have many options for outfit changes.

Teddy will also have a blanket and a quilted picnic rug.

When all is done we will do a photo shoot so that those purchasing a raffle ticket can see the full range of clothes in the wardrobe. Only one can be worn on the day. **Marg D**

We are very lucky in our craft group to have a very wide range of craft interests. The attached photo shows Marg and Jan sizing up Teddy for the outfits they have knitted, sewn and crocheted. These ladies are also fabulous at beading, quilting and paper crafts amongst others. Our group is very friendly and new members are always welcome at 9.15 a.m. on Wednesdays. **Cheers Jude and Chris**

Circle Dancing



Term 3 has seen us transitioning with the seasons, dancing through winter, celebrating Christmas in July and introducing dances for spring.

We experienced another change this term when I was away for 2 Tuesdays on separate holidays and left the dancers in the capable hands (or feet) of Pam Griffiths leading dance and Lesley Doughty taking charge of the music. Mandi Pedder, a circle dancing friend who dances with me at U3A Charles Sturt attended as a guest and taught her choreography to "Dancing Queen" which is always a hoot. I can't thank these 3 women enough for stepping forward and

putting in the time and effort to take on the class. However, I must also acknowledge all the participants who rallied round to support Pam and Lesley to make Circle Dancing an all-round success.

Heather Purcell –Coordinator

Follow us on Facebook: <https://www.facebook.com/U3A-Inner-North-SA>

U3A Inner North is a member of [U3A SA](#)

Out and About



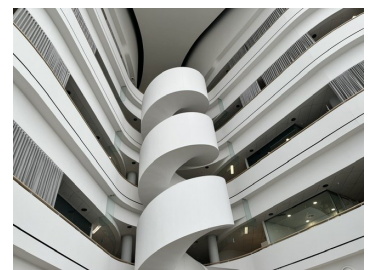
Our tour of SAHMRI on August 26 was impressive, not only the architecture but the research that is happening within. There are 15,000 windows... the people who work there can look out at the population they are there to help and those looking up from outside can be inspired. If you'd asked our guide Ben 10 years ago if you could grow a brain on a dish he wouldn't have believed it possible but that is exactly what's happening in the neurodegenerative labs. The brain is less than the size of a pea and is grown from the skin cells of a patient with dementia. Amazing!

Over to our roving reporter Pauline Kemp...

A group of our Out and About member met at the David Roche Gallery on Melbourne Street on September 4th for a tour of Fermoy House which is now a private museum. We were quite blown away by the splendour inside. David Roche was a collector of fine arts for decades before he died in 2013 and kept his treasures in his own home. The result is floor to ceiling decorations - paintings, porcelain, brasses, fancy clocks and chandeliers. Not to mention fine furniture. He had carpet, wallpaper and spectacular curtains custom made to match the other items in his rooms.

It was like entering a different world-the sort of gallery one would expect to find in Paris or Saint Petersburg, not in little old Adelaide. And I recommend a visit at the end of the tour to the newly opened cafe in order to try their currant scones with orange marmalade! Thankyou to all who have participated in our Out and Abouts so far this year!

Teresa Diorio -Coordinator



ReminderCan't make it to an activity/class ?

Please help your Tutor/Leader by advising them when you are unable to attend a class/activity

by entering your apology into the Member Portal via
then select

[My Activities/Classes](#)

 [Advise Absence](#)

You can then put in a single date, or a date range.
An email will be sent immediately to the Tutor/Leader letting them know.

The Sci-Fi Book Club

We meet monthly on the fourth Wednesday at 9.30am. Members of the Group choose the books, with some 'guided democracy' from our tutor, David.

This term we read 'Flowers for Algernon', a seminal work by Daniel Keys exploring the potential for altering human intelligence. It becomes a deeply moving study of an experiment which goes wrong.

Secondly we read 'Machines Like Me', by renowned British writer Ian McEwan. The work is highly pertinent at a time when AI is on the march and humanoid robots are making their appearance. McEwan envisages the impact that such a robot might have on human relations as he posits a threesome between a human couple and a robot/android. Sparks will fly!

In July we read Justin Cronin's astonishing feat of imagination about how to achieve interstellar travel – The Ferryman, followed by the second book in Hugh Howey's Silo trilogy, namely Shift, a grim look at a world gone underground and frankly mad.

In September we are reading another seminal work of science fiction – Fahrenheit 451 by Ray Bradbury, which envisages a totalitarian world where books are banned and only preserved through a secret oral tradition, with firemen employed not to extinguish fires but to start them whenever they discovered printed books.

We're a gender-balanced group of happy enthusiasts who would welcome new members.

David Kilner - Tutor



U3AIN Contacts

Office Hours: Wednesdays from 9.30am to 10.30am during term time in the Hall. Cash only.

Location: Enfield Community Centre (ECC), 540 Regency Road, Enfield, South Australia

Post Office Box 2008, Prospect, South Australia, 5082

admin@u3ainnernorth.org.au – general enquiries

membership@u3ainnernorth.org.au – membership and enrolment enquiries



Table Tennis

End of

Term Lunch

Member/Tutor Portal Hints and Tips

Help I can't see the menu ! Size does matter when it comes to the screen. Look in the top left for the "hamburger"  and click on this to bring up the menu.

Using a tablet ? To view more easily, turn on its side and use in landscape mode.

Am I enrolled in a activity/class? Check this via the Member Portal under the menu

My Activities/Classes

Help ! If you are unsure how to use the Member Portal check out the information under

Documents

▼ 02 Member Wizard - Member Portal
Member Portal FAQ
Members - How to Enrol in Classes
Members - How to Register for the Member Portal

on the main menu.

Or contact membership@u3ainnernorth.org.au



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  LawrenceBenEnfield

Special thank you to
Lawrence Ben MP,
Local Member for
Enfield and staff for
printing this
newsletter



Thank you to all contributors to our Term 3 2026 Newsletter

Cathy Birchmore - Editor

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The answer is Cryptic Crosswords.

Secret = Cryptic, Angry = Cross, Conversation = Words i.e. Cryptic Crosswords