

U3A Inner North acknowledges the traditions and culture of the Kaurna People, the First Peoples of the Adelaide plains . We respect and acknowledge their Elders, past, present, and emerging.

President's Report



Here we are - the end of term 3. We should be full of life and energy, with the arrival of Spring, the Royal Show done for another year, and sunshine starting to have a bit more warmth. Let's hope we can continue to enjoy a long period of mild weather.

Development of the 2026 program is well underway with our Program Manager, Sue McMillan applying her skills to provide a range of activities and courses for next year.

Our membership continues to grow with our membership on 17 September being 361 which has

now surpassed our 2024 total of 355. This is fantastic news as it means our program continues to meet members needs and expectations.

As you are aware the AGM is occurring on 28 October. Recently an email was sent inviting members to the AGM as well as highlighting the names of members who have nominated for vacant Board positions.

Many tutors, leaders, presenters and members participated in the recently held U3A Showcase showing the broader community some of the courses and activities provided through our current program. We had several dance and musical items presented to an engaged audience. As a result, several people joined as new members on the day or soon thereafter. We also had representatives from other U3As visit on the day.

Developing and organising the Showcase was a major undertaking.

I wish to put on record that we sincerely thank Jenny Rossiter and Chris Fanning for their hard work and leadership in bringing the U3A Inner North Showcase to fruition. Thankyou Jenny and Chris.

This newsletter is packed with a wide range of articles showing how members are participating in our current program. Enjoy the stories. Thank you, Cathy Birchmore, for your work in managing and editing the Newsletter.

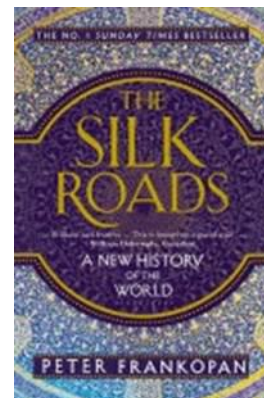
Enjoy the third term break. I hope you are able to use this time to renew your energy for the excitement of fourth term.

Wayne Turner President president@u3ainnernorth.org.au

We need to update the photos on our website. If you have any photos of your class activity that you would like to share, please email them to Janet Hawkes at the following email address : vicepresident@u3ainnernorth.org.au

The Men's Interest Book Club (mainly non-fiction) recently compiled a list for next year. Included are two classic fictions – the Maltese Falcon and the House of Mirth by Edith Wharton. The non-fiction selection covers a wide variety from Australian and international history, science, politics and a memoir by Jelena Dokic. Over Christmas we have allocated two months to read *The Silk Roads: a new history of the world* by Peter Frankopan. We meet on the first Wednesday of the month except January. All are welcome.

Chris Bunn—Tutor



U3A INNERNORTH SHOWCASE 2025

With over 120 current members and 40 people new to U3A in attendance, the Showcase was a great success! It was an opportunity to see the courses on offer at U3A, as well as enjoying the tap dancing, line dancing, circle dancing, singing and ukulele performances. Some people tried pickleball, table tennis, mahjong and canasta. Others were impressed by the art, photography, craft and mosaic exhibitions..... it was all a great buzz!

We were also pleased to have the Secretary of U3A SA and members from Clare, Murray Bridge and Campbelltown visit.

Thankyou to Adult Learners Week for the grant which enabled us to print promotional fliers and posters and to buy tablecloths, frames for table signage and decorations to make the centre look special – all of which can be reused in future events.

Jenny Rossiter and Chris Fanning -Event Coordinators



Out and About Tragic and Unexpected Deaths at North Road Cemetery



What is it about cemeteries? Well, they are thought provoking, often moving and they offer a glimpse into the lives of those who came before us. Many, like the North Road Cemetery have historical significance.

It was an aptly atmospheric, overcast, cold and rainy day when 15 or so intrepid U3A members gathered at the North Road Cemetery. We were there to hear stories of tragic and unexpected deaths. Angy capably guided us along the paths between the graves stopping at particular headstones to recount the stories of their untimely departures. Several were victims of violent murder. A few were accidental (e.g. plane crash and falls), some took their own lives. Coroner's inquests were often held the very next day, sometimes in the local hotel.

Although the rain continued unabated and Angy's notes almost became casualties, we left with an insight into the lives of a few unfortunate, often tragic and largely forgotten stories behind the headstones of some of the people who are buried in the North Road Cemetery.

Dorothy



Visit to the Dangerously Modern Exhibition at the Art Gallery of South Australia. Art Interest group.

When I studied Fine Arts more than 50 years ago, I can't remember there being a single book in the library written about a female artist. Thankfully that has changed, and society has become aware that there were always female artists. Due to cultural and social boundaries however, they were overlooked and discredited. Early this August our art group visited an exhibition at AGSA.

The Dangerously Modern Exhibition is a collection of works that recognises the courage and importance of Australian women between 1890 and 1940. These women are credited for driving and introducing Australian artists to the Modernist movement that was sweeping the world. As examples could only be viewed from reproductions at that time the women artists embarked on travelling to the other side of the world to learn about the new modern style of art.

Our guide Brenda was very informative and expounded on stories of hardships the women encountered, overcoming financial difficulties and the strict social barriers that women were confronted with at the time. With this newfound freedom, many chose to stay in Europe during the WW1; finding work rehabilitating soldiers and living in artist colonies.

A great deal of effort went into tracking down the work of these women. It is the largest collection of borrowed work ever put together for an exhibition in Australia. Two hundred pieces from fifty Artists in all. The experience was very enlightening for all who attended.

Anneke Hoffman

Photography Group



The Photography group has enjoyed some interesting outings in Terms 2 and 3. Our visit to Drage Reserve on the Torrens Linear Park produced a wide variety of photos of the natural environment and the man-made structures of the O Bahn.

Mt Lofty Botanic Gardens gave us some lovely autumn colours and we enjoyed the formal gardens of Carrick Hill in the early spring. The winter weather provided a suitably sombre note for our visit to the Old Adelaide Gaol.



It is fascinating to see how our group members produce such a diverse range of photos from the same subject matter. We share our photos in our WhatsApp group.

Janet Hawkes -Tutor

What's in Store for Next Year?

Next year's program is taking shape. A big thank you to current tutors and members for your ongoing support and ingenuity (incredible service as we are all volunteers). Developing the program is a juggling exercise to provide the best options to members -the circus analogy is apt! There are still a few individual spots to fill and so if you have a story to tell/skill/activity to offer - or know someone who has, please let me know.

What does it look like?

More of the same: The regular favourites are there

What's new: Get in The Groove (Dance), Beginners Mahjong, Mindfulness, Walking Basketball, Woodwork, Live Theatre group, Samstag Gallery exhibitions.

Help!

I am desperate for someone to manage the 12 Guest Speaker sessions. I have 6 speakers already and am happy to assist but I need a person to do the admin, communications and introductions.

When do we see the 2026 program? - on December 9th at the End of Year Celebration

Please do not hesitate to contact me at any time.

Sue McMillan, Program Manager program@u3ainnernorth.org.au

U3AIN had an information stall at the first **Enfield Community Centre Xmas in July**. Although a rainy and cold day, attendance exceeded ECC's expectations, and we had a number of enquiries which will hopefully turn into new members. Sadly, we had to turn away our most enthusiastic enquirer who was keen to play pickleball .. he was only 5 after all ! :) **Trish Benson**



Lyrics by Lesley for our "U3A" song from Showcase. (Tune YMCA—Village People)

Hey there, don't sit home on your own, I said
Hey there, don't you grumble or groan, I said
Be brave, come out of your comfort zone,
There's no need to be unhappy.
In Enfield, there's a place you can go,
With great people, that you'll soon get to know.

Once you join them, you are certain to find
Many ways to have a good time.
Come on and join the fun at OUR U3A
Something for everyone at OUR U3A
Put on your tap dancing shoes,
Take an art class or two,
Stick a mosaic tile with glue
Pick up some new skills at OUR U3A
Or scale some high hills at OUR U3A
Learn Tai Chi, play Ping Pong,
Pickle ball or Mah Jong,
Be amazed at the crafts you can do

On Monday, take a leisurely walk,
On Tuesday, hear an interesting talk,
And on Friday, put some food on your fork.
Or you could get into birding.
Each day, you'll spend time with some friends,
Who are caring, and have skills they can lend,
You'll find people, on whom you can depend
Play some games, share fun and laughter.

It's great to come along to OUR U3A
Play ukes and sing a song at OUR U3A
G'day, Buongiorno, bonjour,
Hear sublime overtures,
You're a thespian connoisseur.
Visit the whole world at OUR U3A
O.S. in Adelaide at OUR U3A
Travel far from your chair,
Circle dance without care,
Take a snap, read a book to /
share.
WELCOME

Ask the IT (Computer) Expert Classes

Are you taking your first steps to get online safely to send / receive emails?
Can you recognize scams?
Do you use online government portals?
Use online banking and shopping?
Need help using Microsoft Office 365?

Then this class is for you!

Students generally enrol for all four terms, but the opportunity exists for you to register any time and

join the classes on a 'drop-in' basis. **Arno Attema - Tutor**



Circle Dancing

Music and dancing can bring joy to your day and coupled with a warm, caring and friendly community makes circle dancing a lovely way to spend some time on a Tuesday morning. Dances vary each week and are taught by our tutors Lyn and Heather. Steps can be very simple or a bit more complex, but movement and enjoyment is the goal, not perfection. The music used is very enjoyable and differs widely in style including music from many different countries to more contemporary songs, for example, by John Denver, the Beatles, and Jessica Mauboy. It's nice to have a variety each week.

We danced an Irish gentle jig and an African dance at the recent Showcase.

Dancing is good for the body and mind so come and give it a try, you will be warmly welcomed. *"Do your Dance, take a Chance, it can only make you Stronger"* Prince

Maggie Dawkins - Participant.

U3A member, Cherie Dempsey, has recently been selected to represent Australia at the Masters Athletics Championships in South Korea in 2027.

Cherie has been playing sport all her life – mainly netball, tennis and basketball (plus U3A pickleball). She began Masters Athletics in 1994. Earlier this year she competed at the National Masters here in Adelaide in six events. She qualified in three of the events to represent Australia. She will be competing in the pentathlon, the weight throw (5.45 kg) and the hammer throw (3Kg) in the 75 – 80-year-old age group. Her motto is “Never Give Up” and “Keep on Going”.



Congratulations to Cherie. She will do Australia proud. Jenny Rossiter

History –Edward Gibbon Wakefield

Many thanks to those members who came to my two presentations this term, the first on the contribution of Edward Gibbon Wakefield to the settlement of New Zealand and the second relating to his contribution to Canada, both relating to his role in the establishment of the British Commonwealth. I was nudged into using Power Point for the first time and really enjoyed the experience. Thanks to Sue McMillan and Sandra Lindemann for their help. Next year I am planning to give another two talks, the first on the near failure of the South Australian experiment, and the second of the contributions of Sir Thomas Playford to the State in the 1930s. I hope to see you there! **Jenny Booth**

Tell Me What You Think

Tell Me What You Think is a current affairs discussion group. Members are enthusiastic talkers who love to explore various topics. There are no prerequisites for membership, and all members can propose topics. This September we started with the question ‘What was Daniel Andrews up to in China recently?’ and morphed from there into a discussion of China’s directions in recent times. One of our members was present in Tiananmen Square in 1989 though missed the end stages, so we had very lively discussion of that event. We went on then to the vital question of why the Crows can’t win finals matches but I’m afraid we have no solutions. Finally, as usual, we allowed members to vent their feelings on any topic which has been bothering them recently – ‘Just get it off your chest.’

You don’t need to be an expert, just tell us what you think!

Vacancies available. David Kilner



In case you have not heard there is another type of U3A called **U3A Online** that is the world's-first virtual University of the Third Age delivering online learning via the Internet, and it's here in Australia. Check it out at: <https://www.u3aonline.org.au/> Associated with this is a free resource called GEMS Online which I will forward to you each month. **Trish Benson**

PROHIBITION GIN MASTERCLASS



U3AIN Members met at the Gilbert Street distillery where, owner Adam Carpenter delivered an informative, interesting talk on the Gin, gained through years in the industry. This was followed by the tasting of 4 different varieties of gin, where Adam explained the variations of each of them. He then took us to the distillery room where he explained the process of gin making.

The session took 90

minutes. A most enjoyable outing. An executive decision was made that this could be the birth of "THE GIN DRINKERS CLUB" and that meeting every week was a bit much, so fortnightly was a possibility" (tongue in cheek)

Iwona - Out and About Coordinator



Historical Medindie Walks 1 & 2

In August our dedicated band of local history buffs twice braved chilly conditions to roam the streets of Medindie and ponder local life in the late 1800's when 'country' holdings were transformed into the mansions and gardens of those who had gained wealth from mining, pastoral, drapery, merchant and shipping companies. Many owners became local mayors, premiers and parliamentarians. Houses of interest included Willyama, occupied in

1887 by Charles Rasp who had discovered silver, lead and zinc in Broken Hill, Stonehenge, built in 1905 for Frederick Scarfe of the Harris Scarfe family, The Myrtles originally owned by Charles Goyder and The Briars which in 1857 was owned by George Charles Hawker MP and in 1914, via a philanthropic gesture to the Salvation Army, became McBride's Maternity Hospital.

In 1983 it was sold to private owners. *Sue Mc Millan Leader*

On August 18 Susie led a group of U3A members on a guided walk through part of Medindie, to see a few of the significant houses there, and learn something of their history. Susie's extensive research brought the past to life, especially the family stories which we listened to with great interest, and sometimes a few chuckles at what people back then got up to. We were shown photos from when these grand houses stood in large ornamental gardens surrounded by fields and market gardens that fed Adelaide. One beautiful home was for years a charity hospital, and smaller houses each had unique architecture and histories. We appreciated Susie's stories and her leading our walk. *Julia Archer*



Science Fiction Book Club

We've had some great choices this year. I think everyone's favourite was 'Wool' by Hugh Howie, a post-apocalyptic story where a lot more is going on than meets the eye. It blurs into a murder mystery as

well, with a redoubtable heroine. There are sequels which we will get to in time, and to top it off, there is a TV version on Apple TV under the title 'Silo'.

This was followed by Ursula Le Guin's classic 'The Left Hand of Darkness,' an immensely popular classic of sci-fi.

Our October read is Kazuo Ishiguro's 'Never Let Me Go'. Ishiguro is best known for 'Remains of the Day' but in this book he posits what Britain might have been like if different choices had been made after the Second World War.

To finish the year, we have Ben Bova's 'Space Station Down', about how a space station is hijacked by a man intent on evil.

Members have nominated some excellent choices for 2026, starting with Kurt Vonnegut's classic 'Player Piano' - about the effects of IT (dare I say AI) on employment.

Vacancies available. **David Kilner -Leader**

History on Thursdays — Scientists

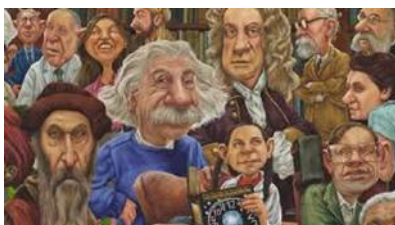
Now don't be frightened – this series of ten talks is a history course, not a science course. Only one equation to think about! And you can probably guess which one that is.

We will learn about nine scientists who were leaders in their time. We will hear about the person, their times, their personal lives, their battles and triumphs, and their contributions to science and human understanding of the world/universe around us.

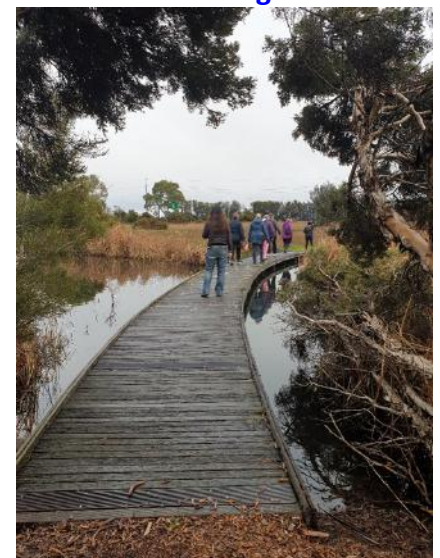
Topics: Archimedes, Copernicus, Kepler, Galileo, Newton, Faraday, Maxwell, Darwin and Einstein. There are two talks in Term 3 and the balance in Term 4. They are standalone talks, and you can choose which ones to attend.

In 2026 I will discuss Marie Curie and other female scientists, followed by the contribution of Islamic and Chinese scientists.

Vacancies available. **David Kilner**



Walking with Maureen on Monday Mornings



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U3A Inner North is a member of [U3A SA](#)

Mid Year Morning Tea



*Thank you to
Anneka, Lucy, Ange,
Andreanna and
Magda, who
organized, baked
and served a lovely
home made
morning tea. Your
skills, enthusiasm
and community
spirit were greatly
appreciated!*



U3AIN Contacts

Office Hours: Wednesdays from 9.30am to 10.30am during term time in the Hall. Cash only.

Location: Enfield Community Centre (ECC), 540 Regency Road, Enfield, South Australia

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membership@u3ainnernorth.org.au – membership and enrolment enquiries



**Andrea
Michaels MP**
MEMBER FOR ENFIELD

Special thank you to Andrea Michaels Member
for Enfield and staff for printing the newsletter

Thank you to all contributors to our Term 3 2025 Newsletter

Cathy Birchmore - Editor

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