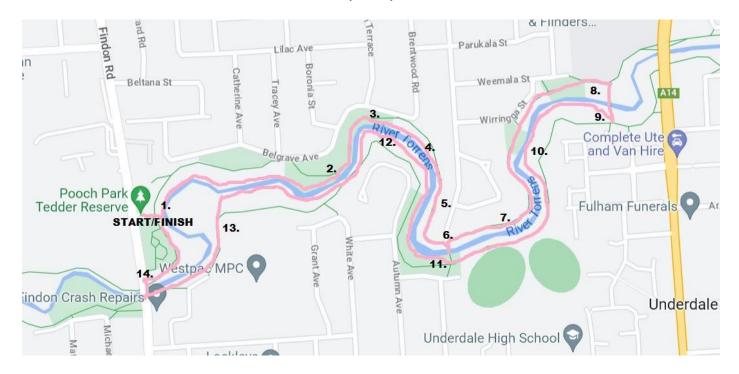
U3A Tedder Going East Monday Stroll - directions and information (4.3km)



Meet at the carpark for Pooch Park in Tedder Reserve (off Findon Rd) Flinders Park

Start

- 1. Take the path on the side of the public toilet, cross the asphalt path and go down on the grass to turn left before the river and pick up an earthen path along the river.
- 2. When the earthen path ends join the asphalt path and turn right into it
- 3. After the asphalt path bears right pick up the earthen path on the right again
- 4. At a fork keep left (the paths re-join soon) Look at "the rapids". Here there is another split in paths (which rejoin soon) The right path is not for the faint hearted ☺
- 5. Get back up to the asphalt path. You will see some big impressive houses on your left, and a small weir down on the river.
- 6. A foot bridge will appear on your right. Step onto it for good river views in both directions. Spot the "nerve test" Do not cross the bridge.
- 7. Stop at a viewing platform on your right, you can see the foot bridge from here. As you walk on look to your right across the river for an impressive water vault, and on the bend of the river across the water you will see another viewing platform.
- 8. After passing the **Nazareth Catholic College *1** take the footbridge on your right. From the bridge you will see some old green pillars. Once you cross the bridge on your left you will meet the **Rakali water rat *2**.
- 9. After reading about the rat follow an earthen path (right turn after crossing the bridge) and take the stairs down to the reserve which has a picnic table. Follow path along the river through a corridor of vegetation and smell the earth!
- 10. You will come to a viewing platform on your right. Follow the path up to the street and turn right ending up on the asphalt path. **Underdale High School *3** sporting grounds will be on your left.
- 11. After you reach the playground on your left and a footbridge on your right take the steep path between them to go down to the river. If this is too steep for you go another 20m on the asphalt path to take an alternative "flatter" path that joins with the other. Spot a swinging rope on the bend of the river.
- 12. Keep walking close to the river and stop by a <u>"soothing" weir</u>. Continue with river on your right, ignore a path on your left and follow the path until it ends at the asphalt path (turn right here) and very shortly you will see another path (looking like an old road) leading right. After going under a leaning tree branch look to

your left for <u>a gum tree with a shield cut</u> out of its trunk. Pass a branch shelter. Here the path narrows, follow it close to the river. Another shield tree is on the right by the river bank about 200m past the first shield tree

- 13. Go up to re-join the asphalt path (turn right into it). At a fork keep right and walk along the grey balustrade until you get to Findon Rd
- 14. Cross the river on the road bridge and turn right in front of the **Pooch Park *4**. Follow the path around the Pooch Park to the toilets and the carpark.

Finish

Annotations

*1 <u>The Nazareth Catholic College</u> - is an independent Roman Catholic co-educational primary and secondary day school located across three campuses in suburban Adelaide: a primary school campus in Findon, a high school campus in Flinders Park, and a Year 12 campus in Underdale.

*2 Rakali Water Rat



The rakali (Hydromys chrysogaster), also known as the rabe or water-rat, is an Australian native rodent first scientifically described in 1804. Rakali is the largest rodent in Australian. A very attractive animal weighing up to 1.3 kilograms and is as as big as a medium-sized platypus. Though water-rats can potentially breed throughout the year, mating typically occurs in the cooler southern parts of their range from late winter to early summer. Gestation lasts for about five weeks. Water-rats are highly territorial, marking their home ranges with a strong scent resembling that of cat urine. Rakali as a species is highly durable; they can survive in most conditions, even polluted waterways. This means the species has avoided becoming endangered from the effects of the Anthropocene (human-induced changes to the climate and our environment) so far.

*3 <u>Underdale High School</u> is a year 7-12 secondary school, 9 minutes from the city of Adelaide and 10 minutes from the coast. The school is rich in diversity, with 77 different cultural backgrounds.

*4 Pooch Park

Pooch Park is part of a network of pathways along the River Torrens. It includes: agility equipment, tidy bag dispenser and waste bins for disposal of dog droppings, water fountains for both people and dogs, double gate entrances, benches, table, gazebo for shade, toilets