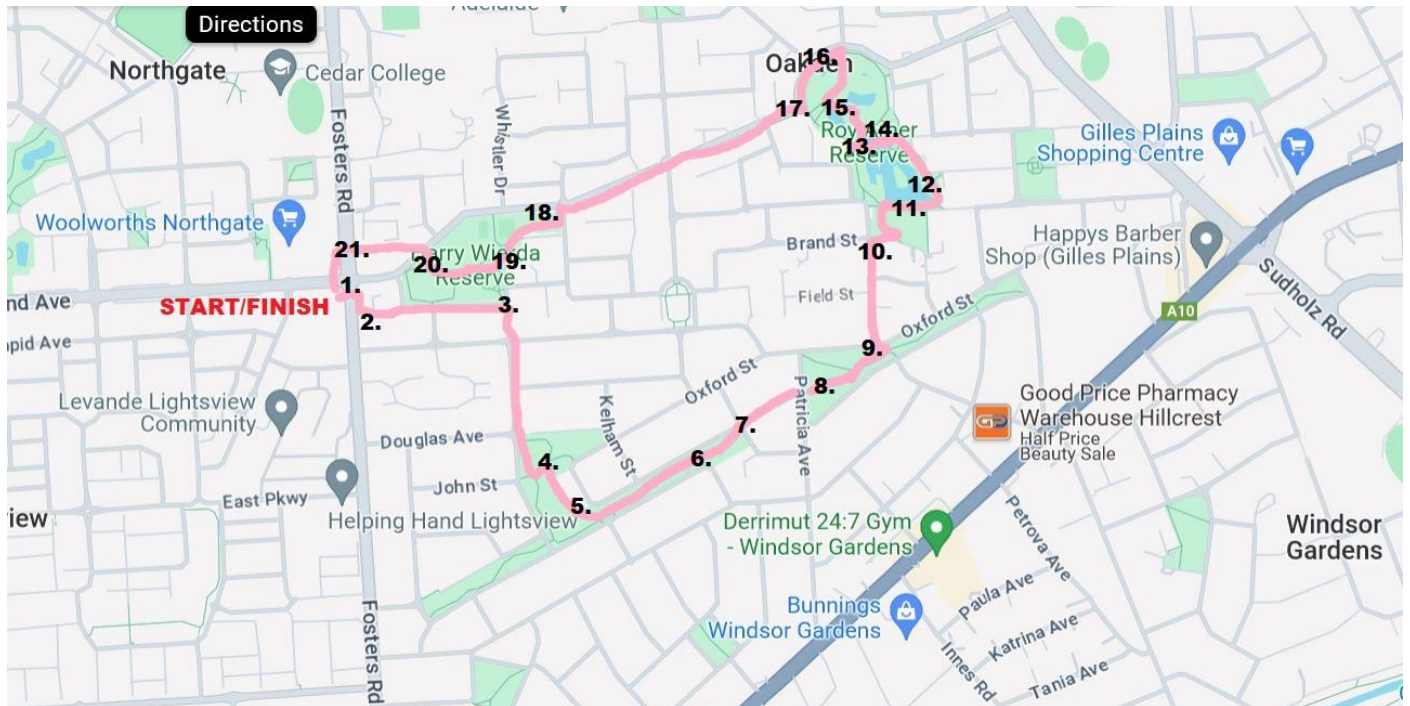


U3A Oakden Reserves Monday Stroll - directions and information (3.8km)



Meet by the large Drakes Supermarket sign at the corner of Foster Rd and Folland Ave., Lightsview Park in the section of the Drakes Lightsview carpark closest to the sign.

START

1. Cross Foster Rd at the roundabout and turn right to walk on the footpath
2. Soon there will be an information sign about the **Smith Brothers 1919 flight *1**.
(photo is from the landing, the flight needed to be shorter than 30 days and manned by Australians, Smith brothers won 10,000 pounds)
Turn left at the sign into the narrow Chatswood Cres and keep on the footpath (soon you will see a reserve on your left)
3. When the reserve ends turn right into Covent Tce and continue straight onto Hawkins Ave. Follow the path through the Ray Norton reserve park.
4. At the outdoor gym equipment turn left and stop by a **Kaurna People and Settlement *2** sign *(talks about segregation of Aboriginal people by European settlers)*. Turn right into a path to walk along back of houses.
5. Stop by the **City of Enfield History *3** sign *(the coat of arms depicts heraldic creatures called Enfields, pine trees represent pine forest that once grew here and cogwheels depict modern progress)* then veer left to continue on a paved path that soon becomes an asphalt path.

6. Just before a large steel structure (which the path goes through) there is a **Bush Tucker *4** sign (*pictures and descriptions of 4 plants you can eat: Pigface, Sweet Appleberry, Flax Lilly and Ruby Saltbush*)
7. Cross straight through the roundabout and take Treweek Ave. Spot the "original" house of this area.
8. Enter Delhi Reserve by crossing Patricia Ave via a pedestrian refuge. Stop by the **Original Vegetation *5** sign at the playground. (*the signs tells what vegetation grew around here: Golden Wattle, Native Pine, Drooping Sheoak and Native Cherry*) Continue on the path through the linear park.
9. Note the views of the Adelaide Hills on your right and at that spot, at a roundabout on your left, cross Oxford Street and take Kew Dr
10. At the end of the street turn right into Roy Amer Reserve, pass the playground and turn right to go around the lake (it being on your left)
11. Stop by two small bird signs for the **Australasian Grebe and Great Egret *6** (*Grebe nests on top of aquatic vegetation and carries babies under wings and Egret can stand completely still and then strike with lightning speed at its prey*)
12. Further around the lake there is a metal plaque about the **Big Headed Gudgeon *7** (*it was introduced to the lakes in 1993 to control mosquitoes*)
13. Take the bridge on your left and just before entering it stop by two bird signs, the **Sacred Ibis and Pacific Black Duck *8**. (*Ibis bodies were found in Egyptian tombs, and pacific ducks feed by standing on their heads, you see their bottoms sticking out of water*) After crossing the bridge turn right to walk on the grass around the lake. Here you will see a public toilet, a **Kaurna use of wetlands *9** sign (*Aboriginal people used the wetland reeds to make spears, baskets and nests*) and two more bird signs, the **Chestnut Teal and Little Pied Cormorant *10** (*the teal male helps female to raise children and they are not in large flocks, cormorant is a good diver propelling with feet and steering with winds which he has to often stretch to dry*)
14. Continue with the lake on your right to one half of a giant rock with plaques on it and learn about the **Regent Gardens Wetland System *11**. (*water collected from surrounding areas injects through fractured rock aquifer in 80m deep well and later is pumped to water the reserve*) Cross the grass towards a little bridge with a viewing platform.
15. From the little bridge go up the grass embankment towards a park light and turn right into a path that follows around the small reeded lake.
16. Just before you enter a boardwalk there will be three small bird signs for the **River Murray Rainbow Fish, White Faced Heron and Maned (wood) Duck *12**. (*rainbow fish is a carnivore and sticks its eggs to vegetation, herons search for their food rather than sit still, they are usually alone, Wood ducks pair for life and eat off land than water*) After the boardwalk there will be three more bird signs for the **Hardhead**

- duck, Purple Swamp Hen and Big Headed Gudgeon *13** (*Hardhead is rarely out of water and can stay under for over a minute, Hens live in groups and are not good at flying, they eat other birds eggs and little ducklings, they eat with their feet, Gudgeon is small, bottom dwelling and swims in short bursts when hunting*) and a little library.
17. At the Lakeside Cafe turn right and take the left side footpath along Sir Ross Smith Boulevard
 18. Turn left into Hampton Drive and enter the Harry Wierda Reserve to take the asphalt path into it.
 19. Stop by the **Old Dairy *14** sign (*there used to be a farm here called "Beefacres Estate" and they build a dairy, when the government bought the land Northfield Mental Health Hospital patients used to come to help with farming activities until it was closed in 1995*) and look at murals. Walk through the Old Dairy and around it. There are public toilets at the back of it.
 20. Follow the path keeping left of the Tennis Courts and the cream brick building further on. Walk under some old pepper trees to a **Hillcrest and Oakden Walking Trail map *15** at the intersection of paths. (*history to read here and maps to look at*) Take the right path at the sign and cross Sir Ross Smith Boulevard to walk through the avenue of giant pine trees. There is a sign at the end of it about the **Department of Agriculture's past activities in the area *16**. (*learn about research in this area and compare aerial view of the pines you have walked under*)
 21. Cross Foster Rd at the pedestrian refuge by the roundabout and turn left to go back to the cars

FINISH

Annotations

Smith Brothers 1919 flight *1



City of Enfield History *3



Kaurna People and Settlement *2



Bush Tucker *4



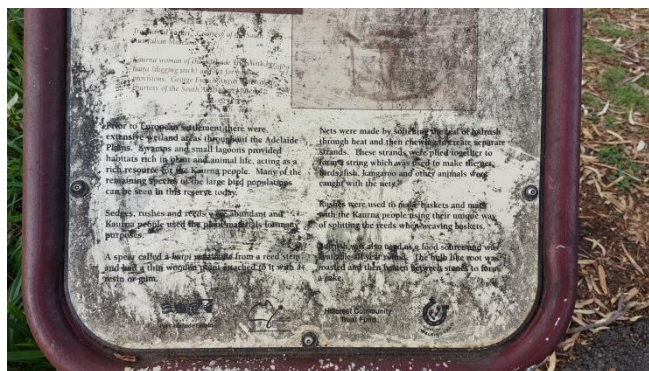
Original Vegetation *5



Sacred Ibis and Pacific Black Duck *8



Kaurna use of wetlands *9



Australasian Grebe and Great Egret *6



Chestnut Teal and Little Pied Cormorant *10



Big Headed Gudgeon *7



Regent Gardens Wetland System *11



Old Dairy *14



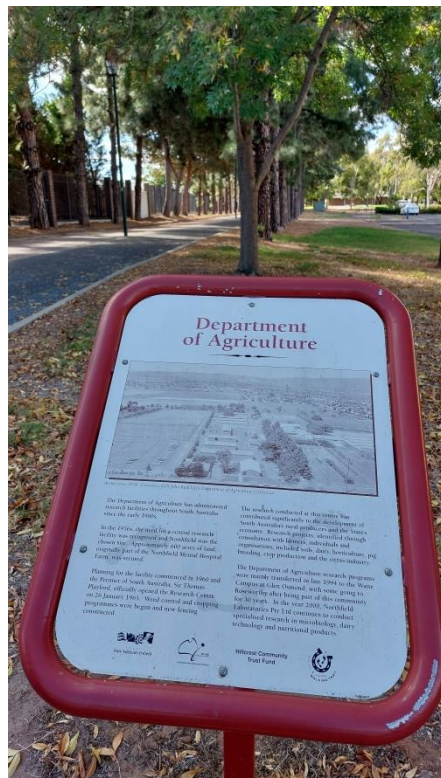
Hillcrest and Oakden Walking Trail map *15



River Murray Rainbow Fish, White Faced Heron and Maned (wood) Duck *12



Department of Agriculture's past activities in the area *16



Hardhead duck, Purple Swamp Hen and Big Headed Gudgeon *13

