

U3A Inner North acknowledges the traditions and culture of the Kaurna People, the First Peoples of the Adelaide plains. We respect and acknowledge their Elders, past, present, and emerging.



Hi All

It is with great delight to acknowledge that our membership continues to grow. We now have in excess of 320 members. Everyone should be congratulated for their commitment to U3A Inner North and our ever changing and increasingly popular program of activities. As everyone knows there has been a change to our main venue with the temporary closure of the Enfield Community Centre whilst structural and associated works are complete. In the meantime, we have the benefit of transferring the majority of affected programs to the Lights Community and Sports Centre on Hampstead Road. Some activities are being provided from the Kilburn Community Centre as well as several provided at smaller venues and tutors' homes.

Full credit to Angy Henn for the immense amount of work she has undertaken to ensure that programs affected by the temporary closure are not disrupted. A big thankyou to Angy for ensuring alternate facilities were appropriate to tutor and members' needs.

We are nearing the end of term 1. Gee where did that go! Time seems to be flying by ever so fast. Enjoy the term break, refresh, and I together with the U3A Inner North Management Committee look forward to seeing you again in term 2.

Wayne Turner *President*

president@u3ainnernorth.org.au

A New Member's Reflection on Joining U3A Inner North



I am new to U3A this year and I am really enjoying my chosen activities. I have started learning Japanese. The lessons are fun, innovative and engaging; we have sung songs, played games with fly swatters and used numerous flashcards and mnemonics devices to help us learn and memorise the Japanese characters. I have found the environment friendly and inclusive. I have been to one screening with the film club and enjoyed the lively discussion after. The Friday quiz provided a great opportunity to meet new people and engage the brain and memory.

I was a bit hesitant to commit to many activities initially, but I am sure I will be adding more to my calendar in the coming months. **Carol Scholz**

Survival of the Fittest and Oral History!!

Our first Historical Walkerville Walk encompassed the section of Gilberton South of Walkerville Terrace. We reflected on community life from the late 1880's including the popular Gilberton Swimming Club and the Swing Bridge that enabled St. Peters' residents to cross The Torrens and catch the horse tram into the city. We wandered down the street the locals in the 1900's called "Irish Town" and imagined living in the house in an adjacent street which has a 4.4 metre frontage. It was certainly worth braving the heat and humidity to appreciate the bonus of hearing the lived experience of our colleague Ian, from U3A Pt. Adelaide, who was born and grew up in Rose Street. Our second walking group will traverse the same route in May and then later in the year we will all travel up the hill to explore the mansions along Edwin Terrace.

Outing Leader: Sue McMillan



Tell Me What You Think

We are a group of enthusiastic talkers who love to explore various topics on the second Friday afternoon of the month from 1.30 to 3.00pm. There are no prerequisites for membership and all members can propose topics. You don't need to be an expert, just tell us what you think!

So far this year we've discussed the following topics:

Should January 26th be retained as Australia Day? If not, when should it be (if at all)?

Should there be more comprehensive conditions for older drivers to keep their driving licences?

Should voting at Council elections be compulsory?

Members are welcome to come along and have a listen before deciding whether to join.

Enquiries: David Kilner 82694197

Strolling on Mondays with Iwona - Discovering Walking Chatting Exploring



PHOTOGRAPHY

A Rainbow Lorikeet

The first outing of the year for the Photography group was to Henley Beach. The overcast morning provided welcome relief from the heat, but also created some photographic challenges as there were no shadows to create interest. It was interesting to watch a professional photo shoot happening on the beach featuring members of the police force. We enjoyed finding subjects on the sand, under and on the jetty and around Henley Square. This was followed by morning tea at Stella's Cafe. Congratulations to Danni Oliver for being the state winner and national runner-up in the photo competition run by the community forum "Next Door." **Janet Hawkes**



A New Holland Honeyeater in a grevillea in Dani's front yard. It was entered in a competition run by the community forum "Next Door." It was selected as the SA entrant. Community members then voted and it was runner-up



Men's Interest Book Group



We started this year with the classic *A room with a view* by EM Forster. Our discussion generated a diversity of views. Then followed Bruce Pascoe's controversial *Dark Emu* which again caused a varied response from the group.

Books for discussion in the coming months incorporate a mixture of fiction and non-fiction; serious and light. They include - *The narrow road to the deep north* by Richard Flanagan, *The eight mountains* by P Cognetti, *The Bookbinder of Jericho* by Pip Williams, *The land before avocado* by Richard Glover, *Fake history* by Otto English and *The other Einstein* by M Benedict.

Some of the books are provided through the Burnside library. We meet at 11:15 on the first Wednesday. A few spaces are still available, and we welcome new members. **Chris Bunn**

Friendly Reminder



There are still many of our courses/activities that are full and still have a waiting list. If you are no longer able to attend a course/activity could please cancel through your member log in page. Your kind action may allow another member on the waiting list to attend. Tutors also appreciate an apology if you are unable to participate on a certain day.

Art Appreciation Class, Thursday afternoons 1-3pm.

It has been a successful start to our first term. All participants of the art appreciation class contribute their expertise to assist others in the class when required. We use a variety of mediums to create our artwork. This is our first attempt to include all member in an active role as advisers to each other's work.

Annika came in for surprise visit on 14/3 and it was nice to catch up and ask what projects she is working on. Our group is visiting a small venue that is displaying art from several artists, in Semaphore on 11/04 as a wind up to Term 1 sessions.

We would be happy to welcome others to enrol and attend our class on Thursday afternoons.

Alicja Cheshire Coordinator



Let's boost attendance in '24.

Thanks to everyone who's getting Out & About with us this term! Even the hottest of days haven't stopped you.! So we're making a great start to 2024. Just a reminder to let your tutor know if you are unable to attend – not only will it assist the host venue, but could also enable someone on the waitlist to join the excursion.

Helen Johnston Coordinator 'Out & About'

Introduction to the Makerspace 3 Spots Available!

Wednesday 1st May 12 noon - 1pm
Parks Library, 46 Trafford Street, Angle Park

Equipment at the Makerspace includes Brother Scan and Cut, laser cutters, 3D printers, soldering irons, drill, Dremel, power tools, scroll saw, and overlocker and sewing machines.



Pickleball for Beginners

Interested in trying out a new sport? We have a couple of vacancies on Mondays 10.30 – 11.30am in the Beginners Pickleball session. Played as doubles, with a wooden bat and plastic ball on a badminton size court in the ECC gym. All equipment is supplied. Wear comfortable clothing and sneakers or soft soled shoes. Its easy to learn to play (particularly if you have previously played a racquet sport), great exercise and a lot of fun. Enrol online. **Jenny Rossiter**



Craft



During the closure of ECC, the Craft group were unable to find another placement just for the first week, so Dot kindly offered the use of her amazing home for our activity. 18 of our group of 28 came to join in sitting at a big table under the grape vine in the garden. Dot had everything conveniently set up for us to share food and help ourselves to tea and coffee.

Despite the hot weather for such a long time recently, this morning was cool so Dot gave warm tops to those in need. We

chatted and worked on various projects and the 2 hours passed very quickly. Many of us toured Dot's permaculture garden with wonderful produce, including amazing old-fashioned tomatoes which were delicious! Thanks so much Dot and Rick for setting up the perfect place for us to work in together. **Jude Hennig Craft Tutor**



Pickleball in action.

A special thank you to The Lights staff for warmly welcoming our U3A Inner North members to their beautiful venue these last couple of weeks.

Art Gallery Wanderings Term 1 Review

What do Samstag Museum of Art, Art Images Gallery and the South Australian Institute building have in common? They have been visited by our Art Gallery Wanderings Group this term.

We've seen the diversity of Michael Leunig's work, teapots made by South Australian Bruce Nuske and selected artworks in the 15th Solar Art Prize during our wanderings. We've "coffeed" (and sometimes lunched) at Colonist Tavern, Sit Lo city west and the Library cafe.

As leader, I've met a group of Inner North U3A members who have trusted me to take them on new experiences on the 2nd Wednesday of each month, and we've had fun, learnt many new things while also having opportunities to explore different Metro Adelaide routes. Next term you'll see us wandering around Gawler and Walkerville, then Crafers in spring.

Carolyn Chinca

Happy Feet Circle Dancing Term 1 2024

We have been pleased to welcome some new dancers to our group this term. Weekly attendances have averaged 24 dancers with women & men enjoying the many benefits of dancing. We started with a variety of summer themed dances, then introduced Celtic and Irish dances ready to celebrate St Patrick's day, wearing something green. Thank you to all the group helpers who have contributed to the successful running of our weekly dance sessions. It is a tradition in Circle Dancing worldwide to dance around a decorated centre. The photos depict the creativeness of our members in more ways than dancing.

Tutor/dance leaders: Lyn Porter & Heather Purcell



NATIONAL PLANT A FLOWER DAY
(Centrepiece by Sandie)

ST VALENTINE'S DAY by Andriana,
Rosanna & Centrepiece group



"What is Homeopathy" lecture originally scheduled for 9th April, has been postponed to Tuesday 10th September at 1.30pm.

David Wilson

TERM DATES 2024

Term 1 Mon 5 Feb – Fri 12 Apr

Term 2 Mon 29 Apr – Fri 5 July

Term 3 Mon 22 Jul – Fri 27 Sep

Term 4 Mon 14 Oct – Fri 6 Dec

DIARY DATES

Mid -Year Social Thu 18 Jul 2024

AGM Thu 10 Oct 2024

End of Year Celebration 12 Dec 2024



Unleash Your Inner Thespian

Fiona graciously hosted our first play reading, *The Importance of being Ernest*, by serving cucumber sandwiches and tea in fine china tea cups.

EASTER JOY

Last December many items that the Craft group had made during the year were sold at our end of year morning tea to support children in need with Christmas goodies through Foodbank, Kilburn. There was enough Craft Group money left over from December to purchase Easter eggs for children in a local kindergarten, Jenny and Teresa skilfully used Makerspace at The Parks Library to make rabbit shapes to go with the Easter eggs.

Thanks to everyone in our group who participated and to Jenny and Teresa for using the funds to support these children.

Jude Hennig
Tutor



PLEASE NOTE

While the Enfield Community Centre (ECC), 540 Regency Road, Enfield,
Is being refurbished we are unable to process in person enrolments .

Please email membership below for any assistance

admin@u3ainnernorth.org.au – general enquiries

membership@u3ainnernorth.org.au – membership and enrolment enquiries

Follow us on Facebook: <https://www.facebook.com/U3A-Inner-North-SA>

U3A Inner North is a member of [U3A SA](#).

Post Office Box 2008, Prospect, South Australia, 5082



Thank you to all Tutors who contributed to our Term 1 2024 Newsletter
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