Term 1 2023 Newsletter 1

Welcome to 2023! Here at U3A Inner North we are starting the year with a bang!

Members should be very proud of themselves as the vast majority managed to complete their renewals, payments and enrolments online. I know how daunting this can be, so congratulations are in order!

Already we have more members than ever before.

We have 87 different courses and events on offer, a record number, and 42 tutors and group leaders.

Several courses, especially Book Clubs and the Out and About activities, are full and have waiting lists. Spaces often come up over the year, and you will be advised if this happens.

Most of our courses still have lots of spaces however, in particular the Guest Speakers programme and many of our informative talks which are held on Tuesday mornings and Thursday afternoons.

Remember that your membership entitles you to attend as many courses as you wish, and that you can continue to enrol throughout the year.

Some members have paid but not yet enrolled in anything. Maybe those members are so stunned by the variety and quantity of what's on offer, they just can't decide! But remember that enrolments are treated on a first-comefirst-served basis.

Sometimes two things you'd like to attend are both on at the same time. Occasional absences from one course so that you can attend another are quite acceptable but you should let your tutor know.

You will never be stuck with nothing to do when you join a U3A.



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2023 Committee

Laughter Is The Best Medicine

Pauline Kemp President



Staying Active: physically, mentally and socially

Relcome to

2023

WE'RE WAITING FOR YOU....

What do the following activities and talks have in common? They are waiting for you to join in!

TERM 1 ACTIVITIES WITH VACANCIES...



Shaun the Sheep - Behind the Fleece Talk Learn about the history and development of clay animation and have a look behind the scenes of iconic movies such Chicken Run and Shaun the Sheep. Tuesday 28th March 9.30 - 11.00am

Embroiderer's Guild SA Out and About Take a guided tour of the Embroiderers' Guild during their Fringe exhibition called 'It Starts with a Stitch'.

Monday 6th March 10:00am-12:00pm

Full details of these activities and talks can be found on our website u3ainnernorth.org.au



History of Monopoly Talk

Learn about the history, winning strategies, development of the game over the years as well as discussing the rightful inventor of the game.

Thursday 13th April1.30 - 3.00pm



Canasta

Friday 1.30 - 3.30pm Fortnightly 1st, 3rd and 5th Friday Beginners and those who can already play are welcome.



Ukulele Jam Sessions

Monthly 4th Thursday 9.15 - 10.45am join us in a jam session with others who enjoy making music, playing the ukulele and having a good ol' sing-a-long.



Men's Lunch Discussion Group Monthly 3rd Friday 1.00 - 3.00pm A meeting of gentlemen at a selected nearby lunch venue for the purpose of having a relaxing meal and discussion about matters of importance, both historical and current.



Classical Music Appreciation

Monthly 2nd Friday 2.00-4.00pm Meeting in the group leaders home in Prospect.

Come and relax with our group of people who enjoy celebrating different genres of classical music from many cultures and places.



Angel Flight Talk

Owen Crees will speak about the work done by Angel Flight in assisting country people to access medical treatment that would otherwise be unavailable to them because of the vast distance and high travel cost

Tuesday 11th April 01:30pm-03:00pm



Come and Try Croquet

Tues 1.00 - 3.30 pm (4 sessions) 21 March, 28 March, 4 April, 11 April All equipment supplied. Held at North Adelaide Croquet Club, Menzies Tce, Prospect.



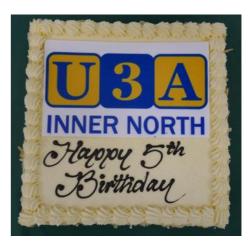
Staying Active: physically, mentally and socially

5th BIRTHDAY CELEBRATION

A fantastic turn out with one hundred U3A members attending our 5th birthday celebrations! The Chinese, Italian, French and Japanese language group members put on a very amusing skit. Well done. It was a brave effort to speak and perform in front of such a large audience. The food was delicious and the cake amazing - thankyou to the Catering Team. Looking forward to the next five years!

















U3A STATEWIDE ONLINE



After a successful first year, U3A Statewide Online Zoom courses will be continuing in 2023.

Go to the U3A SA website for more details. https://u3asouthaustralia.org.au/ Click on the tab "Statewide Online".



Climate Change: Information Inspiring Action Writing Critique Group French 2 Italian Conversation: interest & travel Philosophy An Interactive Course Prime Ministers Positive Psychology Wordpress Workshop Geology 'Our Restless Earth' Crime Writers Science - Climate Change Life of Sir Charles Todd Social Media - Facebook Tips and Tricks Comparative Australian Politics



Term 1: Mon 6 Feb - Thurs 14 April Term 2: Mon 1 May - Fri 7 July Term 3: Mon 24 July - Fri 29 Sept Term 4: Mon 16 Oct - Fri 8 Dec



Thurs 20 July - Mid Year Social Thurs 12 Oct - AGM Thurs 14 Dec - End of Year Celebrations

Terms 1 - 3: 10 weeks; Term 4: 8 weeks

INNER NOR

Staying Active: physically, mentally and socially

2023 COMMITTEE



Pauline Kemp President



Ian Drake Vice President **Promotions**



Jane Crowther Secretary



Lyn McRostie Treasurer



Angy Henn Program Co ordinator



Louise Kennedy. Membership • Data Base Co ordinator



Jude Hennig • **Office Manager** Venue Co ordinator



Kristina Barnett Policies • Social Media



Jo Kemp General Committee Member



Helen Johnston General Committee Member

new

Janet Bradshaw **Tutor Co-ordinator**

Helen Johnston Out and About • **Co-ordinator**

Sue McMillan **Guest Speakers** Co-ordinator

Trudy Hocking Bookings Officer

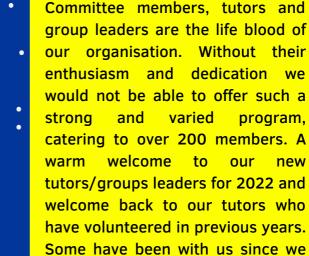
INNER NORTH

David Kilner Public Officer

Louise Kennedy Webmaster

Jenny Rossiter Newsletter

> Arno Attema IT support



Staying Active: physically, mentally and socially

began in 2018.

LAUGHTER IS THE BEST MEDICINE



An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves. My new year's resolution was to read more, so I put the subtitles on my TV.

Q: How many actors does it

take to change a light bulb?

A: Only one. They don't like to

share the spotlight.

Q. What do lexicographers prefer for breakfast?

A. Synonym rolls.



Q: Why can't you take electricity to social outings?

A: Because it doesn't know how to conduct itself.

Q: Why can't you trust an atom?

A: They make up everything.



Q. How many mystery writers does it take to change a light bulb?

A. Two—one to screw it most of the way in and the other to give it a surprise twist at the end.

www.readersdigest.ca/tag/jokes/



Andrea Michaels MP MEMBER FOR ENFIELD

Special thank you to Andrea Michaels Member for Enfield and staff for printing the newsletter