



## 2022 Program U3A Inner North

Term 1: Monday 7th February - Thursday 14th April  
Term 2: Monday 2nd May - Friday 8th July  
Term 3: Monday 25th July - Friday 30th September  
Term 4: Monday 17th October - Friday 9th December

(Terms now 10 weeks in terms 1-3 and 8 weeks in term 4)



Please note: there may be significant changes to the program.

Accurate information is available on the website, use the QR code or the link below.

This program is accurate as at November 2021.

[www.u3ainnernorth.org.au](http://www.u3ainnernorth.org.au)

# Index

## The Arts

Tuesday Film Group	Tuesday pm	Terms 1-4
Photography	Wednesday am	Terms 1-4
Craft Group	Wednesday am	Terms 1-4
Watercolours	Wednesday pm	Terms 1-4
Explore Art - Practical	Thursday pm	Terms 1-4
Mosaics	Thursday pm	Terms 1-4
Classical Music Appreciation	Friday pm	Terms 1-4

## General Interest

Climate Change Study Group	Tuesday am	Term 1
Achieving More from your Computer and Laptop	Tuesday pm	Terms 1-4
Meditation and Spirituality	Wednesday pm	Terms 1-4
Birds	Thursday am	Terms 1-4
Armchair Travel	Thursday am	Terms 1-4
<b>Be Aware:</b> On line Scams	Thursday pm	Term 1
<b>Be Aware:</b> Being Overcharged or Scammed?	Thursday pm	Term 1
Craft Beer and Berger Enthusiasts Group	Friday pm	Terms 1-4
Tell Me What You Think	Friday pm	Terms 1-4

## Games

Chess	Tuesday pm	Terms 1-4
Mah Jong For Beginners	Tuesday am	Terms 1-4
Mah Jong for Non Beginners	Friday am	Terms 1-4
Canasta	Friday pm	Terms 1-4
On the Tip Of My Tongue: Quiz Session	Friday pm	Terms 1-4

## Books, Writing

Creative Writing Exercise Class	Tuesday am	Terms 1-4
Murder Mystery Book Group	Tuesday pm	Terms 1-4
Men's Interest Book Group	Wednesday am	Terms 1-4
Wednesday Book Group	Wednesday am	Terms 1-4
Friday Book Group	Friday am	Terms 1-4

## Physical Activity

Strolling on Mondays	Monday am	Term 1
Happy Feet Circle Dancing	Tuesday am	Terms 1-4
Come and Try Croquet	Tuesday pm	Term 1
Social Table Tennis	Wednesday am	Terms 1-4

## Languages

French 2	Monday am	Terms 1-4
Chinese for Beginners (Mandarin)	Tuesday pm	Terms 1-4
French 1	Wednesday am	Terms 1-4
French 3 (Intermediate)	Wednesday am	Terms 1&4
Italian for Beginners	Thursday am	Terms 1-4

# Index

## Guest Speakers

Just Where do your Diamonds Come From?	Tuesday pm	Term 1
Love your Parklands (3 talks)	Tuesday pm	Term 1
Legacy	Tuesday pm	Term 2
Friends of the ABC	Tuesday pm	Term 2
Know Yourself	Tuesday pm	Term 2
Back in Motion	Tuesday pm	Term 3
Ovarian Cancer	Tuesday pm	Term 3
Auslan: Working with the Deaf Community	Tuesday pm	Term 3
An Introduction to Human Research in Australia	Tuesday pm	Term 4
Focus on the Kidneys (2 talks)	Tuesday pm	Term 4

## History

Australia's Governors-General	Tuesday am	Term 2
Family History Workshops	Tuesday am	Term 4
Chinese History and Culture	Tuesday am	Terms 1-4
Become an Historian <i>WW2 On the Homefront</i>	Tuesday pm	Terms 1-4

## South Australian History Talks

1836 and All That - Before the Buffalo	Tuesday am	Term 3
Three Outstanding SA Public Servants	Tuesday am	Term 3
Sir Charles Todd: More than Telegraph Poles	Tuesday am	Term 3

## History on Thursday

Larger than Life Series 2	Thursday pm	Term 1
History of the Olympics	Thursday pm	Terms 1-2
The Medieval Icelandic Sagas	Thursday pm	Term 2
The American Civil War	Thursday pm	Term 3
Lunatic Asylums in 19th Century Australia	Thursday pm	Term 4

## Out & About

David Roche Foundation	Wednesday	Term 1
Port Willunga Excursion Full Day	Wednesday	Term 1
Heritage Walking Tour of Port Adelaide	Monday	Term 1
Bushwalking: Highbury Aqueduct Trail	Monday	Term 2
Bushwalking: Anstey Hill & Crystal Quarry	Monday	Term 2
West Terrace Cemetery Tour (Trailblazing Women)	Wednesday	Term 2
Tour of Repatriation General Hospital Museum	Monday	Term 2
Tour of Parliament House	TBC	Term 3
North Road Cemetery Tour	Monday	Term 3
Tonsley Innovation Precinct Tour	TBC	Term 3
Morialta Geological Ramble	Monday	Term 4
North Adelaide Walking Tour	Monday	Term 4
Houghton Cemetery Tour	Monday	Term 4
University of Adelaide Campus Tour	Monday	Term 4

# Monday am - Tuesday am

## **Strolling on Mondays**

Monday 9.00 -10.00am Weekly Term 1  
Start location notified by group leader Max 20

10 x 1hr morning strolls in the Highbury/  
Athelstone section of the Linear Park. Program  
of walks with relevant information and maps  
will be provided to the registered participants.  
The walks will be designed to be a loop (start  
and finish in the same location).

The walks will follow the Linear Park paths and  
have some uphill and downhill sections.  
Comfortable footwear is recommended.

Walks will be cancelled if the forecast  
temperature for the day is 30 degrees or  
above.

**Group Leader: Iwona Pattison** lives in the  
neighbourhood and knows a number of nice  
walks that she is keen to share with others.

## **French 2**

Monday 9:00 -10:30am Weekly  
Meeting by ZOOM Max 12

A basic knowledge of French is required for this  
Zoom course in which, over four terms, you will  
master key phrases and structures, listen to  
interesting dialogues covering many everyday  
situations, and practice your speaking and  
comprehension skills. In addition, there will be  
both written and oral exercises to do. The  
textbook we will use is *Learn French the Fast  
and Fun Way* by Elisabeth Bourquin Leete and  
Theodore Kendris, Ph.D, which includes an  
MP3 CD with more than 4 hours of audio for all  
listening comprehension activities. The book is  
published by Barron's.

This is a continuing class, but new enrolments  
will be accepted.

**Tutor: Marie-Antoinette Galletta** has been  
teaching French at U3A Inner North since 2019  
and at U3A Campbelltown since 2013. Before  
that she worked in a private boys' college for  
17 years. Marie has visited France four times  
and loves travelling and cruising. She is on the  
Board at U3A Campbelltown, is a member of  
Inner Wheel NES and is Vice-President of the  
Arena Community Club.

## **Happy Feet Circle Dancing**

Tuesday 10.00 -11.30am Weekly  
ECC Hall Max 40

Bring your happy feet along and enjoy the fun,  
health and well-being benefits of Circle  
Dancing.

Experience a sense of unity and strengthening  
of your mind, balance, coordination and  
flexibility in movement and learn about world  
culture through music and dance.

Our dances involve easy to learn dance steps  
such as walking, swaying, step touch,  
grapevines ... to uplifting music from around  
the world.

We suggest wearing comfortable clothing and  
suitable shoes and to bring a water bottle.  
Please bring a \$2 donation each session to  
cover expenses.

NB: Students must be able to stand and move  
unaided and be medically capable of  
participating in a dance class with gentle to  
moderately vigorous exercise.

**Group Leaders: Lyn Porter and Heather  
Purcell.**

**Lyn Porter** has been teaching Circle Dancing  
in Adelaide since 2011 and is part of the world  
Circle Dancing network. She regularly receives  
Professional Development within Australia and  
overseas.

**Heather Purcell** is joining Lyn to co-facilitate  
Happy Feet Circle Dancing. Heather was  
introduced to Circle Dancing six years ago, and  
has a rich history in dance, having learnt ballet  
until the age of 15 and as an adult has  
attended folk dancing sessions for 15 years  
and also learnt salsa dancing.

## **Out and About on Monday**

There are several activities on Monday in the  
Out and About program, pp18 - 21.

# Tuesday am

## **Creative Writing Exercise Class**

Tuesday 9.30 -11.00am Fortnightly  
1st, 3rd Tuesday ECC MR2 Max 10

The class will assist writers to develop their writing skills by practicing various exercises set by the tutor. Writers in any genre including fiction and non-fiction will benefit from this class. The tutor will make exercises available up to two weeks in advance and participants will share their answers with the class. No previous writing experience required.

**Tutor: Dr David Kilner** has been writing for over ten years and has published three novels in the crime fiction genre as well as short stories. He belongs to another writing group and has attended numerous writing courses. He is keen to develop his own skills with the help of others.

## **Climate Change Study Group**

Tuesday 9.30 -11.00am Fortnightly Term 1  
2nd and 4th Tuesday ECC MR2 Max 10

In this group we will study climate change in detail, with the aim of making ourselves familiar with this controversial topic. Each session will consist of a short introductory presentation by the tutor, followed by discussion.

No requirements but a willingness to do limited background reading would help. Background reading: Tim Flannery, *The Climate Cure*

**Group Leader: David Kilner** is not a scientist but has a background in political science and policy analysis. He has always been interested in climate change, and wishes to learn more with the help of others. He believes that addressing climate change isn't about science but about politics.

## **Mah Jong for Beginners**

Tuesday 10.00am -12.30pm Weekly  
ECC MR1 Max 20

Mah Jong is a table game of three to four players and is played with a set of 144 special tiles. The game includes many interesting

features of the old Chinese game but has been adapted to meet the demands of western players. Beginners will be offered an initial four week course of tuition after which they can join the more experienced players in a very relaxed and informal environment. Mah Jong sets are supplied.

Experienced players are welcome to come to this session subject to availability of seats at the tables.

**Tutor: Daniel Turner** will provide basic instructions on how to play the game and assist new players as required. Daniel is an avid player and looks forward to seeing new players become proficient.

## **Chinese History and Culture**

Tuesday 11.15am -12.45pm Fortnightly 2nd  
and 4th Tuesday Some Outside activities  
ECC MR2 Max 12

Topics will range from Xi Jinping and the China Dream, to the ancient Chinese dynasties, Chinese festivals, and traditions, revolution, civil war, the Mao era and the reform and opening up period as well as some contemporary issues.

No prior knowledge is needed.

Outside activities will be combined with the Chinese Language class. These could be a visit to the Chinese temple, a Chinese restaurant for lunch, workshop at the Confucius Institute, the Art Gallery of SA and others.

Excursion dates TBC Tuesday 12th April,  
Monday 6th June, Tuesday 28th June, Monday  
1st August, Monday 5th September, Tuesday  
27th September, Monday 5th December.

**Group Leaders: Jo Kemp** recently completed a Bachelor of Arts in Chinese language and Asian Studies and has travelled in China many times. **Jude Hennig** has had work experience in China for several years teaching English to Chinese. Both have a keen interest in Chinese language, culture, history and people.

# Tuesday am

## **Australia's Governors-General**

Tuesday 9.30 -10.30am Four talks in Term 2  
10th May, 24th May, 31st May, 14th June  
ECC MR2

The Governor-General is the head of the executive branch of the federal government, serving as the representative of the Monarch. Since federation Australia has had 26 GGs come and go. Most have been criticised at some time by government ministers. This course will present their personal backgrounds and sometimes profound, but often overlooked influence on Australia's history.

Some of the information for the course will come from the book *Australia's Governors-General* by Brian Carroll

**Tutor: Chris Bunn** Since retirement as a veterinarian Chris has developed an interest in Australian history. Having lived in Canberra for 25 years, where his wife worked at Old Parliament House, he has a special interest in federal politics.

## **Family History Workshops**

Tuesday 9.30 -11.00am Three talks in Term 4  
25th October, 8th November, 22nd November,  
ECC MR2

Aimed at total beginners. Sue's expertise is in UK records, but wherever your ancestors come from, the type of records and the research skills needed are the same. By the end, although you may not have produced a full grown tree, you should at least have a healthy shrub.

**Tutor: Sue Garforth.** After a varied career in the public service and private enterprise, Sue spent the last 15 years of her working life teaching in high schools in Australia and England. She is now happily retired and able to indulge her passion for history by lecturing at U3A.

## **South Australian History (3 topics)**

Tuesday 9.30 -11.00 Five talks in Term 3,  
Enrol in the whole course, and attend individual talks as you prefer.

**Group Leader: David Kilner**

### **1836 and All That - Before the Buffalo**

26th July ECC MR2

This talk explores all the activity around South Australia before Hindmarsh arrived in 1836.

**Speaker: David Wilson** is passionate about South Australian History, a member of the Kangaroo Island Pioneers Association and is responsible for its website.

### **Three Outstanding South Australian Public Servants**

9th August, 23rd August, 13th September  
ECC MR2

In its foundation years South Australia was lucky to have some outstanding public servants. This three session course will look at the life and times of three of them.

**Speaker: David Wald** has been the group leader and presenter of an Australian History course at Tea Tree Gully U3A since 2008. He is a former teacher and teacher librarian with a special interest in South Australian history.

### **Sir Charles Todd: More than Telegraph Poles**

27th September ECC MR2

Most people associate Charles Todd with the building of the overland telegraph from Adelaide to Darwin - but he was far more than that - government astronomer, head of Posts and Telegraphs and Government Meteorologist. He is buried in the North Road Cemetery, Nailsworth.

**Speaker: David Kilner** has long been fascinated by people who seem larger than life and who are often transformational of society. Charles Todd is such a man.

## Tuesday pm

### **Become an Historian**

#### ***WW2 On the Homefront Exhibition***

Tuesday 1.30 -3.00pm

Initially 4 weekly sessions in Term 1, then monthly, 1st Tuesday in Terms 1-4  
Payinthe, Dingley Dell room Max 6

Choose an aspect of WW2 Australian homefront history to research eg. fashion, food/ recipes, films, transport, military/air raid precautions, rationing, education/schools.

Learn basic research skills ie. use of Trove and other online resources; how to access the State Archives. Information sourced will be used to put together the "On the Homefront" exhibition to held at the Air Raid Shelter during 2022.

Participants will need to have their own laptop/ computer or borrow one available at Payinthe (need SA library membership card). Basic computer skills required.

Initially 4 workshops will be held in weeks 1 to 4 of term 1 then the group will meet once a month on the first Tuesday of the month.

#### **Group Leaders: Neil and Jenny Rossiter**

Neil and Jenny are members of the Prospect Local History Group. Neil has spent the past 10 years involved with the restoration of the Prospect Air Raid Shelter. Jenny is a retired librarian/history teacher. Both conduct tours of the shelter for the general public and school groups.

### **Murder Mystery Book Group**

Tuesday 1.00–2.30pm Monthly

1st Tuesday (NB 1st November change to 8th November) ECC MR1 Max 12

An opportunity for enthusiastic readers to come together once a month to discuss a particular murder mystery book. A book list for the year will be provided to members - members to get the nominated monthly book from the Library Network. There are no breaks as the group only meets monthly (in private homes or a café during the term breaks).

**Group Leader: Angy Henn** is an avid murder mystery reader.

### **Chinese for Beginners (Mandarin)**

Tuesday 1.30 -3.00pm Weekly

NB No class on 1st Tuesday of the month. Involves some external activities. ECC MR1 Max 8

This is a very gentle introduction to learning Chinese. We will be going at a slow pace and no prior knowledge is required. We will tackle pronunciation of Chinese, basic Chinese sentence construction and conversational language. Recognition of useful characters and writing, just for the fun of it, will be included.

Outside activities will be combined with the Chinese Culture and History class. These could be a visit to the Chinese temple, a Chinese restaurant for lunch, workshop at the Confucius Institute, Art Gallery SA and others.

Excursion dates - see Chinese History and Culture.

Students will be required to purchase the textbook and work book (total cost \$80), these are available from the tutor.

**Tutor: Jo Kemp** is very enthusiastic about this fascinating language and happy to help participants through the basic levels of Chinese. Jo completed a Bachelor of Arts in Chinese language at Adelaide University (2017) and also several intensive language courses, at Shandong University and in Kunming, China.

### **Come and Try Croquet**

Tuesday 1.00 -3.30pm (4 sessions Term 1)  
22nd March, 29th March, 5th April, 12th April  
North Adelaide Croquet Club, Menzies Crescent, Prospect Min 6 Max 10

Participants will learn in small groups, guided by experienced players and coaches. All equipment is supplied. Wear comfortable clothing with flat soled shoes (no heels.) No experience or skills are needed, just a willingness to try and have fun. There is a one off cost of \$10, to be paid directly to the Croquet Club facilitator at the first session.

**Group Leader: Gayle Searle**

# Tuesday pm

## **Achieving More from your Laptop or Computer**

Tuesday 1.00 - 3.00pm ECC MR2 Max 12

All sessions will be "hands-on" using the free local internet access. Sessions are tailored to suit your needs with open group discussions during the sessions. Support is given in a friendly and encouraging environment.

Please enrol in individual sessions.

Classes are aimed at Windows 10, please bring your own laptop. Tablets and smart phones can only be accommodated to a very limited extent.

**Tutor: Arno Attema** has had an interest in technology his whole life. He worked for over 35 years as an electronics and communications professional in the radio and television industry. He has been a volunteer for 53 years with the State Emergency Service as an instructor in communications and IT. After professional retirement he spent five years as a volunteer instructor in the NBN Digital Hub at the Prospect Library, helping others with NBN and IT problems and has been a U3A IT tutor for some 4 years.

## **How to navigate the Internet and Social Media**

8th February

How to safely navigate Social Media on the Internet and still limit the exposure of your personal details. We will also look at "How to stay smart online" explaining current scams / hacks etc. and the ways to protect yourself when on line.

## **Setting up and customising your email accounts**

8th March

Setting up and customising a Google email account or your ISP account using Chrome, the Google Web browser (ie. Web Mail). You will need to know your email address and password for web access unless your browser has already auto saved the details.

## **Attaching documents and saving attached files to and from emails**

12th April

Attaching documents or photos to emails and being aware of the size limitations when sending attachments. Then downloading and opening attached files to emails. For example, a Microsoft word - DOCX file or a Portable Document Format - PDF file.

## **Managing Email contact lists**

10th May

Managing your account email contact lists and the use of the very handy "Google Drive" storage area with 15Gb of free (shareable) cloud storage per Gmail account. Google Drive is available for Android smartphones and tablets running Android 4.1 or later, and iPhones and iPads running iOS 8 or later.

## **Customising your video online**

### **conferencing program**

14th June

Customising and improving your online conferencing experiences by optimising your camera and improving your audio configuration settings. We will use Zoom conferencing as the live example.

## **Setting up and using the Chrome WEB**

### **Browsers**

9th August

Using and setting up the Chrome WEB browsers and verifying personal security settings. Then using the Chrome WEB browser to explore Google, Bing and Wikipedia search option filters to achieve the best search results.

## **Backing up your files for safe storage**

13th September

Finding and backing up your precious files to an external hard drive for safe storage or archiving before going on holidays.

## **Basic editing of photos and graphics**

8th November

Simple editing of photos and graphics from scanned inputs or camera photos using free editing programs.

## Tuesday pm

### **Chess**

Tuesday 2.00 -3.30pm Weekly  
ECC Creche Max 8

This course is suitable for both beginners and chess players who have forgotten the finer points of this ancient game. Notes will be provided.

**Tutor: Nan van Dissel** is a retired teacher, who taught chess to students as part of the primary school maths course for over 40 years.

### **Tuesday Film Group**

Tuesday afternoon Monthly 1st Tuesday  
February to December, including term breaks.  
Palace Nova Cinema, Prospect Rd Max 30

Meet in the Prospect Cinema upstairs foyer. Members will be sent an email a few days prior to indicate which film will be attended that month. If you wish, stay afterwards for a drink and discussion in the cinema foyer.

**Group Leader: Jenny Smith**

## Guest Speaker Series

Each Session involves a different speaker and topic, please enrol in individual sessions.  
Tuesday 1.30 -3.00pm Fortnightly 3rd and 5th Tuesday ECC MR2 **Group Leader: Jill Jolly**

### **Just Where do your Diamonds Come From?**

Tuesday 15th February 1.30 -3.00pm  
ECC MR2

Diamonds can be grown commercially for industrial use, or occur naturally in some of the most remote places on earth. Each source has a unique story. How they come about, and where we find them is the thrust of this talk. If there is time, I will also cover how we extract diamonds.

**Speaker: Jim Smith** After graduating with an honours degree in Mineral Processing, I joined De Beers at their research establishment in Johannesburg, working on ways to improve diamond extraction and trouble-shooting mine problems. I moved to the Kleinzee Diamond Mine for hands-on experience and later I joined the Bateman group which designed and built diamond processing plants. I worked for the company all around the world for 20 years. My last projects were in Laos.

### **Love Your Park Lands (3 talks)**

Tuesday 1.30 -3.00pm 15th March,  
22nd March, 29th March ECC MR2

What is unique about the city of Adelaide? It is surrounded by park lands. There are 32 parks

altogether, and each park has its own story. Learn more about the history of the Adelaide Park Lands in this introductory course.

**Speaker: Dr Sandra Lindemann** is a writer with particular interest in biography and community history. She is Secretary of the Adelaide Park Lands Association.

### **Legacy**

Tuesday 17th May 1.30 -3.00pm ECC MR2

Legacy South Australia and Broken Hill is dedicated to caring for the families of fallen or seriously injured veterans.

Legacy's caring and compassionate service assists around 48,000 widow(er)s, children and dependants with a disability. Legacy is a voluntary organisation supported by veterans, servicemen and women, and volunteers drawn from all walks of life.

**Speaker: Cheryl Williams**

### **Friends of the ABC**

Tuesday 31st May 1.30 -3.00pm ECC MR2

ABC Friends SA/NT has a proud history in South Australia as a community organisation. In her talk, Sue will explain what the organisation does in relationship to the ABC.

# Tuesday pm

## **Guest Speaker Series Continued**

Sue will also describe how the state organisation relates to ABC Friends National and why members value the work ABC Friends does both across states, and nationally.

**Speaker: Sue Pinnock** is President of Friends of the ABC.

## **Know Yourself**

Tuesday 21st June 1.30 -3.00pm ECC MR2

Unravel the mysteries of the mind to help you understand yourself, so you can understand others to improve your relationships, personal and business.

**Speaker: Jo Douglas**, Life coach. Jo is a change coach with a passion for EDISC behavioural profiling.

## **Back in Motion**

Tuesday 16th August 1.30 -3.00pm ECC MR2

This talk is about injury avoidance and management and the importance of posture - it isn't just about "sitting up straight".

**Speaker: Max Kavanagh** is a Director and physiotherapist from the Back in Motion Health Group. He's also a contributor to the international best seller "Get yourself back in motion", and is an expert in the fields of fitness, posture and general physical well-being. He has been a UniSA tutor, involved in major conferences and a physio at the Commonwealth Games.

## **Ovarian Cancer**

Tuesday 30th August 1.30 -3.00pm ECC MR2

Learn about the signs, symptoms and treatment of ovarian cancer. OC Challenge is a charity which raises money to support specialist nurses who work with private or public patients diagnosed with ovarian cancer.

**Speaker: Dr Marg Davy** is an Associate Professor of Gynaecological Oncology.

## **Auslan - Working with the Deaf Community**

Tuesday 20th September 1.30 -3.00pm  
ECC MR2

Learn about Auslan, the language used by the deaf community. Majella will speak about some of her experiences. You will go home with Auslan signs that you can use when communicating with the Deaf.

**Speaker: Majella O'Sullivan** has been involved with the deaf community for over 25 years and is an Auslan interpreter.

## **An Introduction to Human Research in Australia**

Tuesday 18th October 1.30 -3.00pm ECC MR2

The Office for Research reviews 300 research projects each year via the Human Research Ethics Committee and plays a role in the promotion of the importance and value of research and improvement for patient care and clinical outcomes.

This presentation will showcase how hospitals work with the community to develop new care options and foster a culture of enquiry.

Be inspired. Ask questions. See opportunities. Think creatively.

**Speaker: Simon Windsor** is the Manager, of Research Governance and Ethics, Southern Adelaide Local Health Network

## **Focus on the Kidneys (2 talks)**

Tuesday 15th, 29th November 1.30 -3.00pm  
ECC MR2

**1 Kidneys and you:** Normal function of the kidneys: What is chronic kidney disease: risk factors of kidney disease: How to look after your kidneys: Treatment for kidney disease.

**2 Kidneys and the country:** History of kidney care in Australia: Statistics and costs: Kidney disease in the indigenous community

**Speaker: Linda Christy** worked as a renal nurse for 21 years and since her retirement has been a volunteer for Kidney Health Australia.

# Wednesday am

## Photography

Wednesday 9.30 -11.00am Fortnightly

2nd 4th Wednesday

2nd Wednesday ECC MR2

4th Wednesday photoshoot, external Max 15

Sessions will include photoshoots, sharing of photos, learning basic compositional skills and the occasional guest speaker. Photoshoots will be at various venues such as Botanic Gardens and based on a theme eg leading lines, textures, colours. This is not a technical course to learn how to operate your camera, rather a get together of like minded enthusiasts. Suitable for beginners.

Participants will need to bring their own camera – any type: point and shoot, phone, DSLR.

**Group Leader: Jenny Rossiter** is an enthusiastic photographer, but very much an amateur, however she enjoys experimenting, being creative and having fun!

## Craft Group

Wednesday 9.30 -11.15am Weekly

ECC Hall Max 15

NB This course runs for 8 week terms (6 in T4)

Join the craft group and work on your portable crafts, share conversations, skills and ideas with like minded people. Demonstrating your unique gifts can inspire others and bring back some crafts which have been forgotten.

Bring along any type of craft - knitting, crocheting, embroidery, tapestry, cross stitch, macrame, weaving, origami, beading..... whatever your passion is!

**Group Leader: Jude Hennig**

## Social Table Tennis

Wednesday 9.30 -11.30am Weekly

ECC Stadium Max 16

It's like riding a bike - if you played in your younger days, it will all come back! One and a half hours of social doubles table tennis for fun. No experience needed, beginners are very welcome. Please bring your own bats if you have them, but some are also provided.

**Group Leader: Fiona Wald** played table tennis since she was 10 years old and still plays occasionally, socially and competitively.

## French 1

Wednesday 9.30 -11.00am Weekly

ECC MR1 Max 12

Would you like to learn the fundamentals of communicating in French? If you studied a little French at school and would like to refresh your memory, this course is for you. Over four terms, we will master key phrases and structures, practice our speaking and comprehension skills, and do both written and oral exercises. To unwind in the last part of the lessons, we will watch a travelogue of beautiful places in France. We will use Eliane Kurbegov's book *Basic French*, which covers basic vocabulary and grammar in bite-sized lessons. The book is published by McGraw Hill. This is a continuing class, but new enrolments will be accepted.

**Tutor: Marie-Antoinette Galletta** has been teaching French at U3A Inner North since 2019 and at U3A Campbelltown since 2013. Before that, she worked in a private boys' college for 17 years. Marie has visited France four times and loves travelling and cruising She is on the Board at U3A Campbelltown, is a member of Inner Wheel NES and is Vice-President of the Arena Community Club..

## French 3 (Intermediate)

Wednesday 11.15am -12.45pm Weekly

Starts 16th February Terms 1 & 4 only

ECC MR2, Creche, other, contact tutor Max 12

Expand your vocabulary and improve your conversational French by reading and listening to selected texts and conversing in French in a small group context. Learn about France, its history, culture and traditions. Participants will need to bring a pen and paper and purchase a text book – details will be advised. Participants must have four or more years of high school French or similar experience and knowledge of basic French grammar.

## Wednesday am - pm

New participants may enrol throughout the year on tutors' approval.

**Tutors: Simon Degeling and Elisabeth**

**Kerby-Eaton**, have between them more than 50 years experience of speaking, teaching and using the French language in their professional lives.

### **Men's Interest Book Group**

Wednesday 11.15am -1.15pm Monthly

1st Wednesday

ECC MR1 Max 12

Men and women welcome!

Many books discussed by the group are nonfiction covering a wide range including biographies, science, history and social commentary. We also include works of fiction but not romantic novels. For next year the group has chosen a broad range of topics including fiction, science, history and autobiographies. Some books are obtained through the Burnside library. The group meets monthly from February to December.

**Group Leader: Chris Bunn** reads many books and likes to discuss with others what he has read.

### **Wednesday Book Group**

Wednesday 11.15am -1.15pm Monthly

3rd Wednesday ECC MR1 Max 12

Come and join a fun group of avid readers, who read and discuss one book a month. Book groups expose the participants to a wide range of book styles and genres and lead to interesting discussions of themes, characters, writing styles and plots. The group uses a variety of novels, some sourced through the Library Book Group sets, but some obtained privately through the library system. This group meets monthly from February to November and members take turns choosing books.

**Group Leader: Karen Tierney**, avid reader and book group enthusiast.

### **Watercolours**

Wednesday Weekly 1.00 -3.00pm

ECC MR2 Max 9

This course is intended for those who have some experience using water colours but would like to expand their skills. It does not matter what level of experience you have - just come along and join us as we explore new ideas and have some fun together. Participants should bring their own materials and some images to work from.

Materials required: paper, paints, GladWrap, sea sponge, small piece of white candle, paper towels, spray bottle, masking tape, masking fluid, cheap small brushes, small cake of soap, small saucer, two water containers, pencils and kneadable eraser. Cost of consumables/ handouts: \$2.50 per week paid direct to tutor.

**Tutor: Vonney Karpinski** completed her Arts Degree in the 1980s. She enjoys painting all topics as well as life drawing and portraits and works in all mediums. She has taught art to primary age students and adults. Since retiring from running her own business, she now enjoys her "me time" in her own art studio and offers personalised tutoring.

### **Meditation and Spirituality**

Wednesday 1.30 -3.00pm Weekly

ECC MR1 Max 12

Each session consists of at least two guided meditations and an opportunity to discuss and learn about various cultural and spiritual practices.

**Group Leader: Jack Piesiewicz** is a retired high school teacher who has been involved with a number of meditation groups. He has also written and published a number of books dealing with many aspects of spirituality.

### **Out and About Activities on Wednesday**

There are several activities on Wednesday in the Out and About program, pp18-21

# Thursday am

## **Armchair Travel**

Thursday 9.30-11.00am Fortnightly  
1st and 3rd Thursday ECC MR1

Each session consists of a presentation by a speaker about a particular destination, with an opportunity for questions and discussion.

You can attend as many or as few sessions as you like. It is a very relaxed forum.

We are always seeking more presenters. The topic can be local travel within South Australia, interstate or international. Simply share your experiences and story with us. The presentation can take any format and it does not need to be long as we could fit several short topics into a session. Group members can assist in the preparation and presentation.

Please note that the program is subject to change so check the website for up-to-date information.

**Group Leaders: Rodney Gracey and Pauline Kemp**

We hope you will enjoy the program we have prepared.

## **English Heritage**

17th February: Pauline Kemp

## **India**

3rd March: Maurice Clark

## **Bohemian Rhapsody**

**(Prague and Cesky Krumlov)**

17th March: Pauline Kemp

## **Namibia**

7th April: Dale Wache

## **Morocco**

5th May: Suzanne Arbon

## **Living and Travelling on a Canal Boat in France**

19th May: Susan Huggins

## **The Kimberleys**

2nd June: Yvonne Whitmore

## **African Safaris and Kilimanjaro**

16th June: Chris Jordison

## **Croatia/Slovenia**

7th July: Rodney Gracey

## **China**

4th August: Maurice Clark

## **China: Another view**

18th August: Jo Kemp

## **A Tale of Two Cities (Warsaw and Krakow)**

1st September: Pauline Kemp

## **Backpacking in 1978**

## **India, Nepal, Pakistan, Afghanistan**

15th September: David Wilson

## **COVID Travels Around Queensland 2021**

20th October: Karen Tierney

## **The Flinders Ranges**

3rd November: Pauline Kemp

## **Vietnam**

17th November: Rodney Gracey

1st December: Topic and Speaker to be advised.

## **Italian for Beginners**

Thursday 11.00 -12.30pm Weekly  
ECC MR2 Max 15

A simple course designed for you to learn the basics of Italian at a slow relaxed pace over the course of four terms. The textbook *Italian for Beginners* by Angela Wilkes, published by Usborne is recommended. It comes with an audio CD and is internet-linked. In addition, handouts will be emailed regularly. There are no exams to stress over. Simply learn to read and speak Italian as you build up your vocabulary. Then end each lesson with a visit to a beautiful spot in Italy.

This is a continuing class, but new enrolments will be accepted.

**Tutor: Marie-Antoinette Galletta** is of Italian descent and has visited Italy numerous times. In 2021 Marie began teaching Italian at U3A Inner North and has run Italian classes at U3A Campbelltown since 2014. Before that she worked in a private boys' college for 17 years. She is on the Board at U3A Campbelltown, is a member of Inner Wheel NES and is Vice-President of the Arena Community Club.

# Thursday am - pm

## **Birds**

Thursday 9.30 -11.00am Fortnightly

2nd, 4th & 5th Thursday

**Lectures** 2nd and 5th Thursday ECC MR1

**Field Trips** 4th Thursday

All are welcome to join our fledgling bird group. The course leader is Pauline Kemp, an enthusiastic but totally amateur birdwatcher, ably assisted by retired veterinarian Chris Bunn, avid birder Maree Merchant and Anna Lester from Friends of the Adelaide Botanic Garden.

Field trips will be led by Pauline Kemp and Maree Merchant. We usually meet for field trips at ECC at 8.30. As we will sometimes be travelling away from the city to see a broader range of birds, these trips could take all morning. We have 4 pairs of binoculars which can be borrowed, so don't worry if the only ones you have belonged to your grandfather...

**Field Trips:** 24th February, 24th March, 26th May, 23rd June, 28th July, 25th August, 22nd September, 27th October, 24th November

Exact program subject to change, attend as many or as few sessions as you like.

## **Feeding & Breeding**

10th February: Pauline Kemp

## **Birds of the Adelaide Botanic Gardens with a Focus on Bird Photography**

10th March: Anna Lester

## **Forty Special Birds**

31st March: Pauline Kemp

## **From Egg to Egg**

14th April: Chris Bunn

## **Migration & Navigation**

12th May: Chris Bunn

## **Birds and People**

9th June: Chris Bunn

## **Shorebirds of the Adelaide International Bird Sanctuary**

30th June: Maree Merchant

## **It's Complicated...Looking at Waterbirds**

11th August: Pauline Kemp

## **Birds that go Quack**

8th September: Pauline Kemp

## **Birds that Squawk**

29th September: Pauline Kemp

## **Bush Birds 1**

10th November: Pauline Kemp

## **Bush Birds 2**

8th December: Pauline Kemp

## **Explore Art - Practical**

Thursday 1.00 -3.00pm Weekly

ECC MR2 Max 12

NB This course runs for 8 week terms (6 in T4)

This course is for people who want to make art and improve their skills. Bring along a project and Anneke can help guide you to a successful outcome. There is also a structured course for those wanting to learn or refresh their drawing.

Participants are required to bring their own materials. Beginners need an A3 sketchbook, 2B, 4B pencils and eraser.

**Tutor: Anneke Hoffman** is a retired secondary art teacher of 40 years who is also a practising artist with skills in a wide range of media.

## **Mosaics**

Thursday 1.00 -3.00pm Weekly

ECC MR2 Max 12

NB This course runs for 8 week terms (6 in T4)

Learn basic mosaic techniques. First project - decorate a garden pot (\$5.00 material cost, paid direct to the group leader). After that, you will be given ideas for your own project, including types of resources available and where to purchase suitable materials. Teresa will guide you and teach you tricks and tips that she has learnt over the years. You will enjoy good company in a relaxed and fun environment.

**Group Leader: Teresa Pizzino** has been a mosaic artist for over 10 years and is the group leader of Cracked Pot Mosaics, a local community group.

# Thursday pm

## **History on Thursday (5 Topics)**

Thursday 1.30 -3.00pm 5 topics, with 3-5 talks in each. Enrol in individual topics. ECC MR1

### **Larger Than Life series 2**

Thursday 1.30 -3.00pm 3 talks in Term 1  
17th February, 3rd March, 17th March  
ECC MR1

Another three talks looking at people who have had an impact on history, and whose names are known around the world. They are Elizabeth I, Napoleon and Gandhi.

**Tutor: Sue Garforth.** After a varied career in the public service and private enterprise, Sue spent the last 15 years of her working life teaching in high schools in Australia and England. She is now happily retired and able to indulge her passion for history by lecturing at U3A.

### **History of the Olympics**

Thursday 1.30 -3.00pm 4 talks in Terms 1 & 2  
31st March, 7th April, 5th May, 19th May  
ECC MR1

More than just a sport. The games, reflecting customs and standards of their times have produced colourful heroes and villains in all eras. So we look at scandals, corruption, inspiration and integrity. The Games for better or for worse are part and parcel of our world.

**Tutor: Sue Garforth.**

### **The Medieval Icelandic Sagas.**

Thursday 1.30 -3.00pm 4 talks in Term 2  
2nd June, 16th June, 30th June, 7th July  
ECC MR1

This course provides a historical and geographical setting for three of the major sagas, Eyrbyggja Saga, Njal's saga and Grettis Saga, and explores the key themes of Landscape, Women in the Sagas, and the forging of national identity.

**Tutor: Andrew Crowther** is a retired Associate Professor. Andrew's PhD is in contemporary

history and he has researched and published in a wide range of subjects and topics.

### **The American Civil War: Causes, Complications and Implications**

Thursday 1.30 -3.00pm 5 talks in Term 3  
4th, 18th August, 1st, 15th, 29th September  
ECC MR1

This course will introduce you to the most pivotal era in American history. The topics will examine the causes of war, the road to secession, the conduct of the Civil War, the coming of emancipation and how the Civil War spurred rapid improvements in warships and weapons as well as advances in communications and medicine.

**Tutor: Dale Wache** is a retired academic whose training was in the social sciences and has contributed to her being a passionate history explorer. Her academic career focussed on enhancing the quality of teaching, learning, assessment and evaluation in face-to-face and online environments in higher education. Dale is a social media tragic and FaceBook is her main addiction!

### **Lunatic Asylums in Nineteenth Century Australia.**

Thursday 1.30 -3.00pm 4 talks in Term 4  
20th October, 3rd November, 17th November,  
1st December ECC MR1

This course explores the background to the establishment of lunatic asylums, focusing especially on those in South Australia and rural Victoria. Aspects of architecture, treatment philosophy and care are examined. The course concludes with an analysis of why the asylum system was ultimately seen as a failure.

**Tutor: Andrew Crowther**

## Thursday pm - Friday am

**Be Aware (2 Topics)** Enrol separately.

### **Online Scams**

Thursday 1.00 -2.30pm One-off 24th March  
ECC MR1

Does the online world seem daunting at times?  
Is it confusing to know what is "safe" online?  
We will break this topic down into some  
manageable pieces that will leave you knowing  
how to spot spams and scams, and become a  
whiz at creating safe passwords.

**Speaker: Kat Milner** is the Founder of Create Your Change, a small business that supports other small businesses. As a way of giving back to the community, Kat certified as a Digital Mentor through Be Connected, a government initiative dedicated to helping mature Australians become more comfortable and confident online. Kat taught herself over 90% of her computer skills, and understands how confusing and daunting it can be to use "smart" devices and the internet. "Kat excels at making you feel comfortable learning, and she makes the complex seem simple and easy."

### **Being Overcharged or Scammed? Let's fight back!**

Thursday 1.00 -2.30pm Two sessions  
7th April, 14th April ECC MR2 Max 16

Have you ever been gob-smacked by a payment demand on an unsatisfactory job or similar? Fighting back can be really challenging.

In this two-part interactive course we will share our knowledge, skills and experience and be introduced to easily accessed professional resources.

Please bring notepaper and pen.

**Group Leader: Helen Johnston** Since 1972 Helen has lived in and raised a family in the local area. When teaching at Enfield High in the early 70's she came across teenagers who couldn't read or write. Since then she has studied and worked in the literacy field: firstly in schools, then TAFE and then universities.

### **Mah Jong for Non-Beginners**

Friday 10.00am -12.30 pm Weekly  
ECC MR1 Max 20

Mah Jong is a table game of three to four players and is played with a set of 144 special tiles. The game includes many interesting features of the old Chinese game but has been adapted to meet the demands of western players. Mah Jong sets are supplied.

**Tutor: Daniel Turner**, an avid Mah Jong player.

### **Friday Book Group**

Friday 11.00am–12.30pm Monthly 1st Friday  
Meets at Payinthe, Prospect Road Max 10

Read books and meet new people. This is an opportunity for enthusiastic readers to come together once a month to discuss a particular book. Books are chosen by the group from a range of sets available at the Prospect Library. Members do not need to purchase books.

**Group Leaders: Jenny Smith & Evelyn Neuwirth**, both avid readers and talkers

By the way...

all U3A Inner North participants  
are expected to comply  
with current  
Covid recommendations.

Thank you for your cooperation!

# Friday pm

## **Canasta**

Friday 1.30 -3.30pm Fortnightly  
1st, 3rd and 5th Friday ECC MR2

Classic Canasta Version. Other versions may be on offer depending on player numbers. The objective of the card game Canasta is to beat the opposing team (or opposing players) by scoring more points. Although many variations exist for two, three, five or six players, it is most commonly played by four in two partnerships with two standard decks of cards. If you have a Canasta pack of cards, please bring along to ensure we have enough packs. Beginners and those who already know how to play are welcome.

**Group Leader: Kristina Barnett**

## **Quiz Session 'On the Tip of my Tongue'**

Friday 1.30 -3.30pm Monthly 4th Friday  
ECC MR2

Stretch your brain at the monthly quiz sessions. Questions will be in 10 categories on a range of topics. There are no prizes, just the accolade for being able to remember the most that week!

Participants will be on tables of four persons. You can make up your own table or be placed on a table on your arrival at each session. The idea is to move around each session and meet lots of people!

**Group Leader:** Jenny Rossiter and her husband Neil have been doing "the Fifty Questions' in the Advertiser for many years. Averaging about 33 correct per week (most answered by Neil), Jenny felt she was probably better at being the organiser of a quiz session rather than a participant!

## **Tell Me What you Think**

Friday 1.30 -3.00pm Monthly 2nd Friday  
ECC MR2 Max 15

Tell Me What You Think is a current affairs discussion group for people who love to share their views about contemporary issues and

who want to hear what others also think. Topics are set by the group. Lively discussions always ensue! Recent topics discussed included: assisted dying, sex work, opening up with COVID, the submarine deal, aged care, assistance animals, the toxic male culture, over-population, should we feed wild birds, drug decriminalisation and therapeutic goods.

**Group Leader: David Kilner** has a background in social work and social policy development and is a keen student of current affairs.

## **Craft Beer and Berger Enthusiasts Group**

Friday 1.00 -3.00pm Monthly 1st Friday  
Various locations Max 10

Explore, analyse and appreciate the many varieties of craft beer and associated specialty bergers to be found around the inner north of Adelaide. Participants are encouraged to share their knowledge of berger and beer making. The group will meet monthly, on Fridays, at various locations that will be decided prior to the day. On enrolment, participants will be informed of the location of the first session. This is a men's only group.

Members pay for their own drinks. It is expected that each participant will act responsibly in regards to drinking and driving.

**Group Leader: Jeff Standfield**

## **Classical Music Appreciation**

Friday 1.00 -2.30pm Monthly 2nd Friday  
Meeting in the home. Max 7

Listening, discussing and learning together, the group will meet in the group leader's home to share CDs and online music and share a mutual love of music. Outings to concerts might be scheduled.

**Group Leader: Jude Hennig** has always appreciated classical music and the enjoyment of sharing with others.

# Out and About

If you cannot attend a scheduled Out and About Activity, please contact the group leader direct, or the **U3A contact Janet Bradshaw**.

## **David Roche Foundation**

Wednesday February 23rd, 10.00am Max 10

A guided tour of David Roche's home Fermoy House, on Melbourne Street, North Adelaide and access after the tour to the current exhibition in the adjoining gallery wing.

David J Roche AM (1930–2013), a collector for almost sixty years, spent his lifetime developing what has become The David Roche Collection. The collection, which spans the eighteenth and nineteenth centuries and includes European furniture, ceramics, metal ware, clocks and paintings, is remarkable in its quality and range. It contains many luxury works by leading designers displaying exquisite workmanship, as well as the quirky and playful.

Meet at 241 Melbourne Street by 9.55am.

Duration 1 hour 20 minutes

Fee \$20 (conc \$17)

**U3A contact: Janet Bradshaw**

## **Port Willunga Excursion Full Day**

Wednesday March 23rd, 10.30am Max 20

Discover the geological history of Port Willunga beach and cliffs.

The layered cliffs behind Port Willunga beach clearly reveal the succession of rising and falling sea levels over the past 50 million years. No previous knowledge of geology is required to understand these changes.

This is an easy walk along the beach with a gentle climb up the cliff path and back to the cars at the end. Bring a walking pole if you think you need one, a picnic lunch and some water. Come dressed for the likely weather on the day with sun hat and flat, lace-up shoes (no thongs). The excursion will be postponed if inclement weather is forecast. Please bring a clipboard, a pencil and an eraser.

Meet for car-pooling at 9.00am in the car park of Enfield Community Centre, or at 10.30am by

the restaurant at Port Willunga beach. Return to the Community Centre by 4.00pm.

**Group Leader: Cynthia Pyle** taught high school geology for many years. She runs a Geology course at Tea Tree Gully U3A and is on the excursion committee of the Field Geology Club.

## **Heritage Walking Tour of Port Adelaide**

Monday April 11th, 10.30am Max 15

Join Angy Henn on a leisurely walking tour of the State Heritage area of Port Adelaide. Angy grew up in Port Adelaide and will provide a wonderful insider view of the Port.

Grand, imposing buildings line the streets, with most of them erected during Port Adelaide's seminal years in the mid and late 1800s. At the time, it was the principal gateway to the colony for immigrants and provisions, and functioned as a shipping, transport and industrial hub.

Group to meet outside of the Visitor Information Centre, 66 Commercial Rd (near the red Port Adelaide lighthouse) at 10.30, the tour will start and finish at this location.

Duration 2 hours Option to have lunch at the Lighthouse Wharf Hotel (at your own expense)

**Group Leader: Angy Henn**

Please remember...

Before each activity the group leader or U3A contact person will give you their contact details.

Please make sure you have this with you on the day, to make meeting up as smooth as possible.

It is particularly important to let the group leader know if you cannot attend an Out and About activity.

# Out and About

## **Bushwalking with a Twist - Highbury Aqueduct Trail**

Monday May 2nd, 8:15 for 8.30am start Max 20

This walk, along the recently created Highbury Aqueduct Trail, will have a historical slant, a bit of adventure and good vistas. It is an easy to moderate walk. Participants will need a reasonable level of fitness and be able to walk on uneven paths. Come dressed for the likely weather on the day and carry at least 1l of drinking water. You will need sturdy flat lace-up shoes that are suitable for gravel paths. The excursion will be postponed if the weather forecast on the day is 25 degrees or above.

Participants to meet: Wicks Estate gates on Mulberry Drive (near roundabout with Nursery Rd/Majestic Grove), Highbury

Duration: 2 - 2.5 hours Walk distance: 9km

**Group Leader: Iwona Pattison** is a keen bushwalker. She has recently completed the 1200km Heysen Trail. She has done the walk a number of times.

## **Bushwalking with a Twist - Anstey Hill Recreation Park and Crystal Quarry**

Monday May 30th 8:15 for 8.30am start Max 15

The walk, in Anstey Hill Recreation Park and Crystal Quarry, will have a historical/geological slant, adventure and good vistas. This is a moderate to hard walk. Participants will need a good level of fitness and be able to walk the distance on rocky and gravel paths and climb up and down hills. Come dressed for the likely weather on the day and carry at least 1.5l of drinking water and a snack. You will need sturdy flat lace-up shoes with thick soles that have a good grip. The excursion will be postponed if the weather forecast on the day is 25 degrees or above.

Meet gate 9, Anstey Hill Recreation Park (Lower North East Road) Duration: 2.5 - 3 hours

Walk distance: 10.5km

**Group Leader: Iwona Pattison**

## **West Terrace Cemetery Tour - Trailblazing Women**

Wednesday June 15th, 10.30am Max 15

The Trailblazing Women interpretive trail through the West Terrace Cemetery will highlight the personal trials and inspirational achievements of some of South Australia's leading ladies. These strong, resourceful women left their mark on South Australia and beyond, helping shape our society and culture from the beginning of colonisation.

Limited parking available onsite or nearby Sturt Street and Wylde Road. Entry via main entrance directly opposite Sturt Street.

Meet inside the cemetery main entrance at 10.30, sturdy enclosed shoes are essential.

Duration 1.5-2 hours.

**Group Leader: Linda Christy**

## **Tour of Repatriation General Hospital Museum**

Monday July 4th, 12.00 noon Max 10

A guided tour of this entirely volunteer-run museum displaying a wealth of memorabilia relating to the hospital's history as well as both world wars and other major conflicts.

There is a display of heritage medical equipment relating to the hospital's history as well as items used and made by returned soldiers undergoing occupational therapy. The collection also includes memorabilia from various theatres of war such as uniforms, medals, documentation, photographs, souvenirs and trench art. In particular, there are several pieces connected to Prisoners of War including from the Thailand Burma railway and Changi Prison.

Entry is free but a donation is appreciated.

Location within the Repatriation Hospital complex. Entry Gate 8 Goodwood Road. A map of the hospital highlighting entry point and location of the public car park area will be provided prior to the activity. Duration: 1 hour

**U3A contact: Janet Bradshaw**

# Out and About

## **Tour of Parliament House**

August: (Date and details TBC) Max

**20U3A contact: Janet Bradshaw**

## **Tonsley Innovation Precinct Tour**

Wednesday September 28th, 11am Max 30

A walking tour of Tonsley to hear about the history of the area from indigenous days to modern times. Learn about its mixed-use precinct design, supporting businesses wanting to innovate, grow, go global and move up the value chain. Learn about how Tonsley Innovation District is bringing together Australia's smartest businesses with residential and community living. The tour takes 60 -90 minutes and is all on flat ground.

Meet at carpark of Southern Bar and Bistro  
1303 South Road, St Marys at 11.00am.

Carpark is off Brookman Ave. Lunch afterwards at the Bistro is a suggested option.

Group Leader: Jane Esman is a volunteer tour guide with the City of Marion and a resident of the Tonsley Village residential complex.

**U3A contact: Janet Bradshaw**

## **North Road Cemetery Tour**

Monday September 12th, 10.30am Max 15

Join Angy Henn on a leisurely walking tour of North Road Cemetery. The cemetery is 7.3 hectares (18 acres) in size and has over 10,000 graves and over 24,600 burials since its foundation in 1853. It is maintained by the Anglican Diocese of Adelaide. There are many notable interments including Daisy Bates, Sir Ross and Keith Smith, 10 Supreme Court judges and William Magarey of Magarey Medalfame.

Meet at 1A Cemetery Avenue, Nailsworth (off Main North Road) at 10.30

Duration 2.0 hours Option to have lunch at the Windmill Hotel (at your own expense)

**Group Leader: Angy Henn**

## **Morialta Geological Ramble**

Monday October 17th, 2.00pm Max 20

Discover some of the geological features of Morialta Conservation park. This is a gentle up-and-downhill walk of about 5km return.

The walk will be from the Stradbroke Road car park up to the First Falls. There will be many stops along the way to look at features of the different rock types along the route. Learn about the ways in which the different rock types were formed and affect the shape of the valley as well as the surrounding vegetation. No previous knowledge of geology is needed to enable you to understand these features.

Bring a walking pole if you think you need one, and some water. Come dressed for the likely weather on the day with sun hat and flat, lace-up shoes that are suitable for a gravel track. Please bring a clipboard, a pencil and an eraser.

The excursion will be postponed if inclement weather is forecast.

Meet for car-pooling at 1.30pm in the car park of Enfield Community Centre, or arrange to meet at 2pm in the Stradbroke Road carpark.

Duration: 2-3 hours.

**Group Leader: Cynthia Pyle** taught high school Geology for many years. She runs a geology course at Tea Tree Gully U3A and is on the excursion committee of the Field Geology Club.

## **North Adelaide Walking Tour**

Monday October 31st, 10.30am Max 13

Join Angy Henn on a leisurely 2.0km historical walking tour through parts of North Adelaide.

North Adelaide is a treasure trove of historic cultural and architectural significance. This trail features Montefiore Hill, Brougham Place and Palmer Place which are well known for their large mansions including Christ Church and Bishops Court which date from the early 1850s. Look out for the blue plaques which mark many heritage buildings.

Meet at Wellington Square at 10.30, the tour will start and finish at this location.

# Out and About

Duration 2 hours Option to have lunch at the Wellington Hotel (at your own expense)

**Group Leader: Angy Henn**

## **University of Adelaide Campus Tour**

Monday, 7th November, 10.30am Max 16

Join Daniel Turner on a tour of the public areas of The University Adelaide. He will take you through the various faculty areas, common areas and look at the various art work on Campus. He will tell you some interesting and novel stories about the various buildings and installations on campus. The tour should last around 90 minutes and finish up at one of the cafes on site for a cuppa or a cool drink depending on the weather.

Participants meet at the front of the Art Gallery on North Terrace at 10.30am.

**Group Leader: Daniel Turner** worked at the University for almost 18 years and conducted tours as part of his role, so is able to provide a great insider view of the campus.

## **Houghton Cemetery Tour**

Monday November 14th, 10.00am Max 15

The graves here represent the ordinary folk who pioneered white settlement in the Adelaide Hills.

This is a personal look at family graves and the connections between them as discovered in recent family history research. Hopefully it gives a glimpse of early Adelaide life.

Meet at Houghton Cemetery 10.00am or arrange to meet at ECC to car pool 9.15am.

**Group Leader: Jo Kemp**

## **Reminders:**

If you cannot attend a class, or a session or activity in which you are enrolled, please contact your tutor or group leader to let them know.

Some classes are full and have waitlists for enrolment. If you are no longer able to continue, let your tutor know.

All our tutors and the management group are unpaid volunteers and we are always looking for more helpers.

For all general enquiries contact [admin@u3ainnernorth.org.au](mailto:admin@u3ainnernorth.org.au)

# **Information**

You can register new membership or renew and pay online at any time.  
Full membership costs \$45 for the year. (Affiliate membership \$30)

New members will be given a member ID and a password. When your payment has been processed you will be sent an email of confirmation. Our database will not permit you to enrol until payment is processed and you have received your confirmation email.

**Monday 3rd January 2022** - Online enrolments open

**Thursday 27th January** 10.00 -11.30am at ECC in MR2 - Open Day for in person enrolment

**Friday** 10.00 -11.00am, ECC, MR1 During term times register, pay and enrol in MR1

## **U3A Dates for 2022**

- Term 1: Monday 7th February – Thursday 14th April
- Term 2: Monday 2nd May - Friday 8th July
- Term 3: Monday 25th July – Friday 30th September
- Term 4: Monday 17th October – Friday 9th December

Activities will run for 10 weeks in Terms 1-3 and for 8 weeks in Term 4 unless otherwise stated.

**Mid Year Social Thursday 21st July**

**AGM Thursday 13th October**

**End of Year Celebration Thursday 15th December**

For up to date information please see our website

[www.u3ainnernorth.org.au](http://www.u3ainnernorth.org.au)

Most, but not all classes, are held at

**Enfield Community Centre, (ECC) 540 Regency Road, Enfield**

or

**Payinthe, 128 Prospect Road, Prospect**

For all enquiries contact [admin@u3ainnernorth.org.au](mailto:admin@u3ainnernorth.org.au)

Ph 0410 434 048 (messages only)



