

NB 4 New courses starting Term 3  
**Chess, Italian, A Year in the Life of a Vine, and History on Thursday**

## Arts, Crafts, Hobbies

Woodworking for Women (Term 1)	Mon
A Year in the Life of A Vine	Tues
SASSY Street Art Seniors	
Staying Young	Wed
Craft Group	Wed
Snapshots are Great,	
Photographs are Better	Wed
Watercolours	Wed
Christmas! Let's make it special	
for years to come.	Wed
Mosaics	Thur
Explore Art - Practical	Thur
Birds	Thur
Gardening Interest Group	Thur

## Board Games, Cards

Chess	Tues
Mah Jong For Beginners	Tues
Mah Jong for Non Beginners	Fri
Canasta	Fri

## Books, Poetry

Murder Mystery Book Group	Tues
Men's Interest Book Group	Wed
Wednesday Book Group	Wed
Friday Book Group	Fri

## Computers, IT

Smartphones and Tablets	Tues
Achieving More from your	
Computer and Laptop	Tues

## Dancing, Sport

Happy Feet Circle Dancing	Tues
Come and Try Croquet	Tues
Social Table Tennis	Wed

## Food and Drink

Explore International Street Food	Thur
Craft Beer Enthusiasts Group	Fri

## Guest Speaker Series

### History, Current Affairs, Travel

Australia's Prime Ministers	
1901-1949	Tues
Agatha Christie	Thurs
History on Thursday	Thur
Armchair Travel	Thur
Tell Me What You Think	Fri

## Languages

Chinese Language and Culture	Tues
French Beginners (Level 1)	Wed
Italian	Thur
French Continuing (Level 2)	Thur
French Intermediate (Level 3)	Wed

## Music, Movies

Tuesday Film Group	Tues
Classical Music Appreciation	Fri

## Religion, Meditation

Meditation and Spirituality	Wed
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## Out & About

The David Roche Foundation
Carrick Hill
Prospect Air Raid Shelter
Heritage Walking Tour of Port Adelaide
West Terrace Cemetery - Heritage Highlights
Adelaide Town Hall
North Road Cemetery
Folks on the Hill Historic Trail
University of Adelaide Campus Tour

Term 1	2nd February - 26th March
Term 2	27th April - 18th June
Term 3	20th July - 10th September
Term 4	12th October - 19th November
<b>AGM Thursday 2nd December</b>	

# Monday

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## Woodworking for Women

Monday 8th February 1.30-2.30pm ECC Shed

Ladies, would you love to learn how to use some basic carpentry tools? Keen to fix a chair, make some wooden toys or picture frames? Have a project in mind? Then come along to the Ladies Open Afternoon at the Regency Community Men's Shed. Monday afternoons is "Ladies Shed".

Have a chat to some of the members, watch a scroll saw demonstration, view some finished products and have all your questions answered about membership of the Ladies Shed. The "Shed" is located at the back of Enfield Community Centre – access from the carpark.

**Facilitated by Jenny Rossiter**, Ladies Shed Member, in collaboration with the Regency Community Men's Shed.

### ***Did You Know?***

***University of the Third Age is an International body founded in France in 1972.***

***There are over 250 branches in Australia and 19 branches in SA.***

***U3A Prospect, now U3A Inner North, was the first in South Australia to go online with memberships, programmes and enrolments, reflecting the dynamism of our group!***

***How good is that!***

**NB This program is subject to change, please see the website for up to date information.**

(EG Badminton is deleted from the previously published program as it was cancelled; there are several changes to times and dates and new courses have been added.)

**[u3ainnernorth.org.au](http://u3ainnernorth.org.au)**

Jo Kemp, Program Coordinator, **April 2021**

# Tuesday

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## Mah Jong for Beginners

Tuesday 9.30am-12.30pm Weekly  
ECC MR1 Max 20

Mah Jong is a table game of 3-4 players and is played with a set of 144 special tiles. The game includes many interesting features of the old Chinese game but has been adapted to meet the demands of western countries. Beginners will be offered an initial six-week course of tuition after which they can join the more experienced players in a very relaxed and informal environment. Mah Jong sets are supplied.

Experienced players are welcome to come to this session subject to availability of seats at the tables.

**Tutor: Daniel Turner** will provide basic instructions on how to play the game and assist new players as required. Daniel is an avid player and looks forward to seeing new players become proficient.

## Murder Mystery Book Group

Tuesday 1.00–2.30pm Monthly  
1st Tuesday of the month ECC MR1 Max 12  
(NB 2nd November change to 9th November)

An opportunity for enthusiastic readers to come together once a month to discuss a particular murder mystery book. A book list for the year will be provided to members - members to get the nominated monthly book from the Library Network. There are no breaks as the group only meets monthly (in private homes or a café during the term breaks).

**Group Leader: Angy Henn** is an avid murder mystery reader.

## Smartphones and Tablets

Tuesday 9.30-11.00am 2 Sessions in Term 2  
27th April, 25th May ECC MR2 Max 15

These 2 sessions will be Question and Answer sessions, new members welcome. Bring your phone or tablet.

Getting on line made easy! Does the digital world sometimes seem confusing to you? Would you like help understanding Online Banking, using Zoom, setting up your Linked In profile, or utilising Social Media better? Is there a particular program you could use help with? Would you like to learn how to better spot scams, be safer online, or just know how to get more out of your smartphone, tablet, or laptop?

Join us for one or all of the sessions. Please attend the first session if possible, as one to one and course details can be planned to suit your needs.

**Tutor: Kat Milner** is the Owner of *Create Your Change*, a small business that support other small businesses through Social Media and virtual assistant support services. As a way of giving back to the community, Kat certified as a Digital Mentor through Be Connected, a government initiative dedicated to helping mature Australians become more comfortable and confident online. As someone who taught herself over 90% of her computer skills, Kat understands how confusing and daunting it can be to use "smart" devices and the internet. As one of her students has said, "Kat excels at making you feel comfortable learning, and she makes the complex seem simple and easy."

## Happy Feet Circle Dancing

Tuesday 10.00–11.30am Weekly  
ECC Hall Max 40

Bring your happy feet along and enjoy the fun, health and well-being benefits of Circle Dancing with Lyn. All our dances are carefully taught each week and involve easy to learn dance steps such as walking, swaying, step touch, grapevines ... to uplifting music from around the world. We learn about different cultures through dance and music and enjoy having fun and the opportunity of making friends in the class.

Please wear comfortable clothes and suitable shoes and bring a water bottle. Please bring a gold coin donation each session to cover the tutor's expenses in maintaining equipment and developing resources.

# Tuesday

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NB: No prior learning is required, however students must be able to stand and move unaided and medically capable of participating in a dance class with gentle to moderately vigorous exercise.

**Facilitator: Lyn Porter** has been teaching Circle Dancing in Adelaide since 2011 and is part of the world Circle Dancing network. She regularly receives Professional Development within Australia and overseas.

## Come and Try Croquet

Tuesday 1.00–3.30pm (4 sessions)  
2nd, 9th, 16th, and 23rd March  
North Adelaide Croquet Club, Menzies Crescent, Prospect Max 20

Participants will learn in small groups, guided by experienced players and coaches. All equipment is supplied. Wear comfortable clothing with flat soled shoes (no heels.) No experience or skills are needed, just a willingness to try and have fun. There is a one off cost of \$10, to be paid directly to the Croquet Club facilitator at the first session.

**Group Leader Gayle Searle**

## Australia's Prime Ministers 1901-1949

Tuesday 9.30-11.00am Weekly Term 3 and Term 4 NB There are no sessions in August  
ECC MR2 Min 5 Max 40

This course will examine the lives, achievements and challenges of nine of Australia's Prime Ministers from Federation through to 1949. The talks will cover Barton, Deakin, Fisher, Hughes, Bruce, Scullin, Lyons, Curtin and Chifley. Who were these men? What did they hope to achieve? And what was their impact on Australia? A human look at the politicians.

Format is a 50 minute lecture followed by discussion.

**Tutor: Dr David Kilner** studied political science and history at Adelaide University and Social Administration at Flinders University, learning to deal with complex policy issues in a real world

context as he subsequently worked in Government and non-Government organisations. In this course he will apply his knowledge to an understanding of these important historical figures.

## Chinese Language and Culture

Tuesday 11.00am -12.30pm Weekly  
ECC MR2 Involves some excursions

Have you an interest in countries around the world? We are offering insights into the vast and fascinating country of China. This course is a combination of learning basic Mandarin Chinese conversation, an introduction to Chinese characters and delving into Chinese culture. No prior understanding is expected. The balance between language and culture will be determined by the needs of the group. Each 1st Tuesday of the month (except February) will be an external activity e.g. to Chinatown, Ottoway Buddhist temple.

**Group Leaders: Jude Hennig** has had work experience in China for several years teaching English to Chinese and **Jo Kemp** has studied in China and recently completed a Bachelor of Arts in Chinese language and Asian Studies. Both have a keen interest in Chinese language, culture, history and people.

Outside activity dates: 2nd March, 4th May, 1st June, 3rd August, 7th September, 2nd November

## Tuesday Film Group

1st Tuesday of the month – afternoon session  
February to December, including during the term breaks.

Palace Nova Cinema, Prospect Rd Max 30

Meet in the Prospect Cinema upstairs foyer. Members will be sent an email a few days prior to indicate which film will be attended that month. If you wish, stay afterwards for a drink and discussion in the cinema foyer.

**Group Leader: Jenny Smith**

# Tuesday

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## **A Year in the Life of a Vine**

Tuesday 9.30-11.00am Weekly  
5 sessions in August - 3rd, 10th, 17th, 24th, 31st  
ECC MR2 Min 5 Max 15

The course aims to provide just one broad topic - "A Year in the Life of a Vine" - to give you an understanding of the basic life cycle, the parts of the grapevine and growth of the grapevine over a year.

This course will lay the foundation for an understanding of topics such as pruning, vineyard site selection and establishment, vineyard operations, major grape varieties of the world and regional characteristics, thus producing different types and styles of wines in Australia and overseas countries.

**Group Leader: Bob Barrett** was a Lecturer in Horticulture, Viticulture and Oenology in the Discipline of Wine and Horticulture at the University of Adelaide in the 1980s to 2008 after lecturing at Roseworthy Campus (nee College) for a number years in various departments. His study tours included various countries in Europe, Vietnam, America and South Africa.

*I have limited experience in sensory evaluation of wines. I support a web page "Winewisdom.com.au" which relates to at-home small group tasting experiences and a guide to their conduct.*

## **Chess**

Tuesday 2.30 -3.30pm Weekly Starts Term 3,  
20th July ECC MR1 Max 8

This course is suitable for both beginners and chess players who have forgotten the finer points of this ancient game. Notes will be provided.

**Group Leader: Nan van Dissel** is a retired teacher, who taught chess to students as part of the primary school maths course for over 40 years.

### ***Enfield Community Centre - our new home***

*The Centre offers many community services and programmes and serves as a meeting place for a Probus Club, multi-cultural groups, Families for Families and several Seniors groups. Perhaps you will have little use for the Playgroup or Immunisation Clinics, but you may wish to attend Community Lunch on Fridays for \$5! ECC also offers*

- *Drawing and Card Making*
- *Tai Chi and Yoga*
- *Strength for Life classes*
- *Dance For Joy (Sequence Dancing)*
- *Tapliners*
- *English Language Classes* ..... *and many more*

*Contact Liz Haar, Community Development Officer with Port Adelaide Enfield Council*

[liz.haar@cityofpae.sa.gov.au](mailto:liz.haar@cityofpae.sa.gov.au)

*Phone 08 84056556*

# Tuesday

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## Achieving More from your Computer and Laptop

Tuesday 1.00–3.00pm Fortnightly  
2nd and 4th Tuesday ECC MR2 Max 12  
Each session is on a specific topic. Please enrol individually. No session 12th October.

All group sessions will be “hands on” live on line using the free site internet access. Sessions are tailored to suit your needs with open group discussions during the sessions. Support is given in a friendly and encouraging environment. Classes are aimed at Windows10 users, please bring your own laptop, noting tablets and smart phones can only be accommodated to a limited extent.

**Tutor: Arno Attema** has had an interest in technology his whole life, in both his professional and volunteer roles.

**Basic Set up and Online Safety: 9th February**  
Looking at "How to stay smart on line" in detail with current scams, hacks etc and the ways to protect yourself when on line.

**How to Navigate Social Media: 23rd February**  
How to safely navigate Social Media on the Internet and still limit the exposure of your personal details.

**Basic Customisation of Windows10:9th March**  
Basic customisation of Windows10 to suit your needs including setting up your desktop shortcuts and Windows10 security features.

**Chrome/Firefox Web Browsers 1: 23rd March**  
Using and setting up the Chrome and Firefox WEB browsers, their uses and verifying personal security settings.

**Chrome/Firefox Web Browsers 2: 27th April**  
Using the Chrome or Firefox WEB browser to explore Google, Bing and Wikipedia search option filters to achieve the best search results.

**Saving Documents & Photos from Web Pages: 11th May**  
How to save documents and photos from Web pages to your hard drive for keeping or reading later "off line"

**Basic Document & Photo Scanning: 25th May**  
Demonstration and discussions on basic photo and document scanning to your computer using a desk top scanner.

**Basic Editing of Photos & Graphics: 8th June**  
Simple editing of photos and graphics from scanned inputs or camera photos using free editing programs.

**Setting up & Customising an Email Account: 27th July**

Setting up and customising a Google email account or your ISP account using Chrome. You will need to know your email address and password for web access unless your browser has already auto saved the details.

**Saving & Opening Attached Files to Emails: 10th August**

Downloading and opening attached files to emails. For example, using two sample files attached to an email, one being a Microsoft word - DOCX file and the other a Portable Document Format - PDF file.

**Attaching Documents & Photos to Emails: 24th August**

Attaching documents or photos to emails and being aware of the size limitations when sending attachments. Then how to extract the documents or photos from emails to save them separately to the hard drive.

**Moving to a New Internet Provider: 26th October**

How to move from one "Retail Internet Service Provider" (ISP) to another including the preparation work needed and possible problems including emails during the move.

**Backing Up your Files to Safe Storage: 9th November**

Finding and backing up your precious files to an external hard drive for safe storage and archiving before going on holidays.

**Managing Email Contacts Lists: 23rd November**

Managing your account email contact lists and the use of the very handy "Google Drive" storage area with 15Gb of free (shareable) cloud storage per Gmail account. Google Drive is available for Android smartphones and tablets running Android 4.1 or later, and iPhones and iPads running iOS 8 or later.

# Tuesday Guest Speaker Series

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Each Session involves a different speaker and different topic, please enrol in individual sessions. The contact for all Guest Speaker sessions is Jill Jolly, Guest Speaker Coordinator in the program group. If you are unable to attend a session, please advise her direct.

## Foodbank SA

Tuesday 16th February 1.30-3.00pm ECC MR1

This talk comes highly recommended! It covers what the Foodbank SA does throughout South Australia as the largest independent hunger relief charity in Australia.

**Speaker: Greg Pattinson** has a Master of Science degree from Purdue University in the USA, specialising in food science. He has worked with a range of iconic food companies in a number of states. Foodbank SA presented the ideal vehicle to use his experience, knowledge and contacts to help people in need.

## A Day in the Life of a Writer

Tuesday 16th March 1.30-3.00pm ECC MR1

Have you ever wondered how an author writes a book?

**Speaker: Elizabeth Haran** is an Australian novelist who has written 17 novels - all adventure/love stories set in Australia in the 19th and 20th centuries. Her books were published in German and other European languages before being published in English.

## RAA Driving Quiz

Tuesday 18th May 1.30-3.00pm ECC MR2

Do you dare? Take a driving quiz and be surprised about what you don't know! Learn how to improve your driving and safety.

See the website or newsletter for more information about this talk later.

**Speaker: Tony Ey** from the RAA is an interesting and very informative speaker.

## Royal Flying Doctor Service

Tuesday 15th June 1.30-3.00pm ECC MR2

This is a fascinating talk about the history and current status of the organisation. See the website or newsletter for more information about this talk later.

## The Joy of Flight

Tuesday 20th July 1.30-3.00pm ECC MR2

Peter will discuss his introduction to aviation, flying maritime in very old Neptune aircraft, roaming the world in Hercules aircraft for nine years, visiting several wars and test flying a variety of aircraft. There were a large number of delightful moments mingled with short periods of high stress.

**Speaker: Peter Jolly** There are three main themes in Peter's life - love of family, love of mathematics and love of flight. His aviation life has included 52 years gliding, 48 as a gliding instructor, 20 years as an RAAF pilot, test flying a variety of aircraft and 3 years as Commanding Officer of No. 34 VIP Squadron. He has also held a commercial pilots licence and instructors rating since 1970. He is well placed to discuss the 'Joy of Flight'.

## History of Tools, Equipment and Technology

Tuesday 17th August 1.30-3.00pm ECC MR2

RocknRustic was begun in 1996 and has an eclectic collection of industrial, rustic and retro items which are for sale. This talk will begin in the Stone Age and end in the 20th century.

**Speaker: David Whyte** has reputation as great speaker - as interesting as his unusual shop on Magill Road, Maylands

# Tuesday Guest Speaker Series

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## Art Deco Jewellery

Tuesday 31st August 1.30-3.00pm ECC MR2

Art Deco jewellery is witness to the sculptural, architectural and social hedonism of *Les Années 25*, when it was placed on world view at the 1925 International Exposition of Decorative and Industrial Arts held on the banks of the Seine in central Paris.

This lecture will provide a brief survey of the broad spectrum of Art Deco jewellery from the impossibly expensive and exclusive to affordable costume jewellery which made good design accessible to all.

**Speaker: Dr Jennifer Harris** holds a PhD in art history from the University of Adelaide. Even though her field of specialisation is Japanese art history, for many years she has been a collector of antique and vintage jewellery with a particular interest in Art Deco pieces.

## Genetics in Modern Health Care

Tuesday 12th October 1.30-3.00pm ECC MR2

A wave of new technologies born through fundamental science investigation is driving rapid advance in our understanding of disease and delivery of health care. In this talk, Lachlan will showcase some of the key scientific breakthroughs which are driving new diagnostic approaches, understanding of disease process, and development of new medicines to treatments.

**Speaker: Dr Lachlan Jolly.** Lachlan received his PhD in 2010 as a stem cell and developmental biologist. He has since trained in the field of human genetics and is involved in global research efforts to understand the genetic basis of disease, related to brain development in particular. He has received prestigious awards from the Australian Research Council and is the current President of the Human Genetics Society of Australasia, SA Branch, tasked with ensuring best delivery of genetics services within the clinic.

## 24 Years in the Hotspots of Afghanistan and Pakistan

Tuesday 19th October 1.30-3.00pm ECC MR1

What does it take for an Australian businessman, and Janna, his gutsy wife, to leave a successful cattle breeding business and spend 24 years in the hot spots of the Islamic Republics of Pakistan and Afghanistan? And why did he call his first eye-opening book "Shoot Me First?" And how does Grant, the Director of Afghanistan's biggest eye-care programme, handle the news that he himself is going blind.

**Speaker: Grant Lock.**

Grant's wife Janna has set up a fund for widows in Afghanistan and Pakistan and we are encouraged to make donation to this fund.

## Who's Looking After Your Eyes?

Tuesday 16th November 1.30-3.00pm ECC MR2

Come along to an informative eye health session from optometrist and eye health educator Jo Croft. Learn about why eyesight is important, the main causes of vision loss in Australia and tips on how to keep your eyes healthy.

**Speaker: Jo Croft.** Jo enjoys all aspects of comprehensive optometric care and strives to help her patients better understand their own eye health. Having joined the Sight For All team in 2020 in a new role as Eye Health Educator, Jo is dedicated to sharing information with the community about caring for your eyes and vision.

## Agatha Christie and Her Life

### Agatha Christie and Her Writing and Books

Please note new day and room, now Thursday 1.30 -3.00 in the Hall.



# Wednesday

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## **SASSY (Street Art Seniors Staying Young)**

Wednesday 9.30-11.30am Weekly ECC Hall  
(with Craft Group) Terms 1 and 2 Max 15

Building on the success of the SASSY program in 2020, members will design and paint a range of art projects to add to the aesthetics and a sense of belonging at the Enfield Community Centre. Projects will possibly include planter boxes, outdoor tables/seats and totem poles.

Members will need to wear old clothes, comfortable shoes and when outside, sunhat/sunscreen. BYO water/drink bottle. All painting items will be supplied.

**Jenny Rossiter** will act as facilitator/group leader, however the group will be primarily self-led with members' input and ideas crucial to the success of the program.

## **Craft Group**

Wednesday Weekly 9.30-11.00am ECC Hall  
(with SASSY) Max 15

Join the craft group and work on your portable crafts, share conversations, skills and ideas with like minded people. Demonstrating your unique gifts can inspire others and bring back some crafts which have been forgotten.

Bring along any type of craft - knitting, crocheting, embroidery, tapestry, cross stitch, macrame, weaving, origami, beading..... whatever your passion is!

**Group Leader: Jude Hennig**

## **Snapshots are Great, Photographs are Better**

Wednesday 11.00am-1.00pm Fortnightly  
2nd and 4th Wednesday of the month  
ECC MR1 Max 12

*In the past I have been totally confused with high tech and over the top photography tutorials. This course is designed for people who want to extend their knowledge and develop their skills to produce a pleasing photograph rather than "a snapshot taken quickly and casually".*

By the end of the course participants will be able to produce engaging photographs of their lives, their environment and the ones they love.

Course requirements: flat shoes. Charge up your batteries and bring your camera! There will be a small charge to cover (minimal) photocopying.

**Tutor: David Lindsay** *I have been engaged in photography from an early period of my life working through large frame format to 35ml to the digital age. This progress through technologies has enabled us to produce photographs that we would never have imagined possible in earlier times, and provides an almost ultimate pallet of opportunities to create and display our ideas.*

## **Watercolours**

Wednesday Weekly 1.00–3.00pm  
ECC MR2 Max 10

This course is intended for those who have some experience using water colours but would like to expand their skills. It does not matter what level of experience you have - just come along and join us as we explore new ideas and have some fun together. Participants should bring their own materials and some images to work from.

Materials required: paper, paints, GladWrap, sea sponge, small piece of white candle, paper towels, spray bottle, masking tape, masking fluid, cheap small brushes, small cake of soap, small saucer, two water containers, pencils and kneadable eraser. Cost of consumables/handouts: \$2.50 per week paid direct to tutor.

**Tutor: Vonney Karpinski** completed her Arts Degree in the 1980s. She enjoys painting all topics as well as life drawing and portraits and works in all mediums. She has taught art to primary age students and adults. Since retiring from running her own business, she now enjoys her "me time" in her own art studio and offers personalised tutoring.

# Wednesday

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## **Christmas! Let's make it special for years to come.**

Wednesday 9.30-11.00am Weekly  
Term 4 Only (6 sessions) ECC Hall  
(with Craft group) Max 20

Christmas crafts are great for all ages, but are great for kids too, they love to get involved! Which means that you are not only making memories with those you love, but also making treasures that your family can appreciate and enjoy year after year. These sessions will introduce you to around ten crafting opportunities to include in preparation for Christmas, either with your grandchildren or for yourself. These include Christmas tree decorations inspired by everyday natural products like gum nuts and walnuts or a more permanent facsimile of a Christmas tree using old cosmetic jewellery. These sessions are meant to be fun and encouraging, to produce outcomes and memories that please us all.

Student requirements; There may be a \$5 to \$15 charge for materials, depending on projects of personal choice. A hot glue gun (available at cheap shops) and lots of old/broken costume jewellery would be great. Depending on personal choice, some expenditure on ribbon or paint may be required.

**Group Leader: Tori Lindsay.** *I have been involved in educating and facilitating learning in the tertiary sector for 35+ years. Now is the time for me to engage in more community based and less serious topics! I am very interested in exploring and facilitating a sharing of knowledge. We all have previous experience and knowledge, often cultural and dating back generations – let us all get together and enjoy some fun! Maybe this is the perfect activity for you and the grand kids to have fun in the lead up to the festive season.*

## **Men's Interest Book Group**

Wednesday 11.00am-1.00pm Monthly  
1st Wednesday of the month  
ECC MR1 Max 12

Men and women welcome!

Many books discussed by the group are nonfiction covering a wide range including biographies, science, history and social commentary. We also include works of fiction but not romantic novels. The group meets monthly from February to December.

**Group Leader: Chris Bunn** reads many non-fiction books but likes to discuss with others what he has read.

## **Wednesday Book Group**

Wednesday 11.00am–1.00pm Monthly  
3rd Wednesday of the Month ECC MR1 Max 12

Come and join a fun group of avid readers, who read and discuss 1 book a month. Book groups expose the participants to a wide range of book styles and genres and lead to interesting discussions of themes, characters, writing styles and plots. The group uses a variety of novels, mostly sourced through the Library Book Group sets, but some obtained privately through the library system. This group meets monthly from February to November and members take turns choosing books.

**Group Leader: Karen Tierney**, avid reader and book group enthusiast.

## **Social Table Tennis**

Wednesday 9.30-11.30am Weekly  
ECC Stadium Max 10

One and a half hours of social doubles table tennis for fun. Please bring your own bats if you have them, but some are also provided.

**Group Leader: Fiona Wald** *I played table tennis since I was 10 years old. I still play occasionally on Monday mornings and competitively on Wednesday nights.*

# Wednesday

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## French Beginners (Level 1)

Wednesday 1.00 -2.15pm and 2.15 -3.30pm  
Weekly (The class is divided into 2 levels)  
ECC MR1 Max 10

This is a basic French course but anyone absolutely new to French should discuss it with the tutor. A fun class with a range of activities to introduce you to the French language.

Participants are expected to purchase the text book – details will be sent after enrolment.

Some homework will be given each week.

**Tutor: Henry Phan.** Immersed in the French education system from kindergarten to university, followed by eight years working in Paris as an engineering manager, Henry Phan speaks French like a second mother tongue. Now retired after a life-long dedication to the defence industry, music and volunteering, he hopes to share with you his keen interest in all things French.

## French Intermediate (Level 3)

Wednesday 11.15am -12.45pm Weekly  
ECC MR2 Max 12 Please note that the course goes for the full year. Venue ECC MR2 and other, please contact tutor

Expand your vocabulary and improve your conversational French by reading and listening to selected texts and conversing in French in a small group context. Learn about France, its history, culture and traditions. Participants will need need to bring a pen and paper and purchase a text book – details will be advised on enrolment. Participants must have four or more years of high school French or similar experience and knowledge of basic French grammar. New participants may enrol throughout the year on tutors' approval.

**Tutors: Simon Degeling and Elisabeth Kerby-Eaton,** have between them more than 50 years experience of speaking, teaching and using the French language in their professional lives.

## Meditation and Spirituality

Wednesday 9.30 -11.00am Weekly  
ECC MR1 Max 12

Each session consists of at least two guided meditations and an opportunity to discuss and learn about various cultural and spiritual practices.

**Group Leader: Jack Piesiewicz** is a retired high school teacher who has been involved with a number of meditation groups. He has also written and published a number of books dealing with many aspects of spirituality.

Group size: Max 12

### ***Important Reminder - Absence***

*Tutors and Group Leaders will advise their personal contact details to participants in their course. If you are unable to attend a session, please advise the group leader direct.*

*Please do not contact Admin for absences.*

*For Tuesday Guest Speakers and all Out and About activities there is one group leader for all sessions of each program.*

# Thursday

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Agatha Christie:

2 Sessions, please enrol individually.

## Agatha Christie and Her Life

Thursday 28th October 1.30-3.00pm ECC Hall

*In this talk, I discuss the world's favourite crime writer and her life - her upbringing, her tragic first marriage, her successful second marriage, her family, her character and a little on her books.*

**Speaker: David Kilner**

## Agatha Christie and Her Writing and Books

Thursday 4th November 1.30-3.00pm ECC Hall

*In this talk, I discuss Agatha Christie's life as a writer - how she got her start, how she became famous, the tricks she used in her books and some of her favourite characters - Hercule Poirot and Miss Jane Marple.*

**Speaker: David Kilner** was born in London and grew up in Adelaide. David spent most of his career in the social welfare sector where he became an expert at writing social welfare policy. He is very involved in his community of Prospect and has written several crime fiction books. These will be available for sale at a discount price for those attending his talk.

## Mosaics

Thursday 1.00–3.00pm Weekly  
ECC MR2 Max 12

Learn basic mosaic techniques. First project – decorate a garden pot (\$5.00 material cost, paid direct to the group leader). After that, you will be given ideas for your own project, including types of resources available and where to purchase suitable materials. Teresa will guide you and teach you tricks and tips that she has learnt over the years. You will enjoy good company in a relaxed and fun environment.

**Group Leader: Teresa Pizzino** has been a mosaic artist for over 10 years and is the group leader of Cracked Pot Mosaics, a local community group.

## Explore Art - Practical

Thursday 1.00–3.00pm Weekly  
ECC MR2 Max 12

This course is for people who want to make art and improve their skills. Bring along a project and Anneke can help guide you to a successful outcome. There is also a structured course for those wanting to learn or refresh their drawing.

Participants are required to bring their own materials. Beginners need an A3 sketchbook, 2B, 4B pencils and eraser.

**Tutor: Anneke Hoffman** is a retired secondary art teacher of 40 years who is also a practicing artist with skills in a wide range of media.

## Birds

Thursday 9.30-11.00am Fortnightly  
2nd & 4th (& 5th) Thursdays of the month  
Terms 2,3,4 NB Starts 29th April ECC HALL

Everyone loves birds, but how much do you really know about them? This course will consist of 6 information sessions held at ECC and 6 field trips spread over three terms. The first three talks by Pauline Kemp will cover identification of birds found in South Australia, whereas Chris Bunn will cover more scientific topics in the last three talks.

29th April Classification and Identification

27th May Habits and Habitat

22nd July Feeding and Breeding

29th July Birds and Their Senses

26th Aug Feathers and Flying

28th Oct The Internal Workings

**Group Leader: Pauline Kemp**, an enthusiastic but totally amateur birder, will be joined by retired veterinarian, **Chris Bunn**, who will add some expert knowledge to the course.

Experienced birders are very welcome to attend, but are requested not to ask Pauline too many questions. They must expect to be prevailed upon to help in the field trips! Binoculars are necessary for field trips but there are four pairs available to borrow. The field trips will be held within 12km of ECC.

# Thursday

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## Gardening Interest Group

Thursday 11:00am-12:30pm Fortnightly 1st & 3rd Thursday of the month ECC MR1 Max 12

Whether toiling away or just looking at the results of others hard work, many of us love gardens and we all have expertise to share. These sessions are likely to include in-house discussions and sharing our gardening knowledge, as well as visiting some of the lovely gardens opened up to the public, such as Carrick Hill and Waite Arboretum and the SA Open Garden Scheme. We could also decide to 'adopt a garden' and do a bit of hands on gardening at ECC! The first session will be an opportunity to brainstorm the group's interests so that we can work out a schedule of events that most closely fulfils everyone's interests.

Activities for this group will very much be driven by the needs and wishes of the group.

**Group Leader Tori Lindsay:** *I have been involved in educating and facilitating learning in the tertiary sector for 35+ years. Now is the time for me to engage in more community based and less serious topics! I am very interested in exploring and facilitating a sharing of knowledge – after all, at our age we all have something to offer. I hope these sessions will be fun.*

## Explore International Street Food

Thursday 11.00am-12.45pm Monthly 2nd Thursday of the month ECC Kitchen, Hall Max 15 NB No session in May

Indian samosas, Dutch croquettes, Chinese dumplings, Turkish goslème, Indonesian gado gado, Italian arancini, Greek spanakopita and Japanese okoniyaki are some of the foods you will experience. Participants can choose to be actively involved in the preparation working together to make delicious food or just watch and enjoy. At the end of the session, the group will enjoy a shared meal which includes a range of foods from the country we will be focusing on. Be prepared to help. If cooking is not your strength, you can help set the table.

Cost: \$7 per session to cover food costs, payable direct to tutor.

**Tutor: Anneke Hoffman** has always had an interest in cooking. Her travels have influenced her curiosity in food making and how cultural cuisine has developed not only through the availability of produce but the quest to make delicious food even when times have been lean.

## Larger Than Life

Thursdays 9.30-11.00am ECC Hall Max 40  
3 Sessions in Term 1

A presentation about some of history's biggest characters. We have all heard of them, but how much do we really know about their lives?

## History on Thursday

Thursday 11.15am-12.45pm Fortnightly  
1st and 3rd Thursdays ECC Hall Max 40  
3 Sessions in each of Term 3 and Term 4

Term 3

5th August, 19th August, 2nd September.

### Royal Whodunnits

Death of King William Rufus (son of William the conqueror)

Murder of Lord Darnley (husband of Mary Queen of Scots)

Disappearance of the Princes in the Tower.

Term 4

21st September, 4th November, 18th November

### Pretenders

Anastasia of Russia

Bonnie Prince Charlie

The Tichborne Claimant (the butcher from Wagga who wanted to be an English Lord)

**Lecturer: Sue Garforth.** After a varied career in both the public service and private enterprise, Sue spent the last 15 years of her working life teaching in high schools in both Australia and England. She is now happily retired and able to indulge her passion for history by lecturing at U3A.

# Thursday

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## Armchair Travel

Thursday 9.30-11.00 am Fortnightly 1st & 3rd  
Thursday of the month ECC Hall Max 40

The fortnightly sessions begin with a presentation about a particular destination by a speaker, followed by relevant questions. The second part of each session will be an open discussion about ideas, pitfalls and travellers' tales. These sessions will not "just be a slide show". We hope to cover many areas such as history, art, food and wine appreciation and other cultural aspects of travel.

After you enrol you can come to as many or as few sessions as you like – you no longer have to enrol for individual sessions.

These are the rest of the year's program.

6th May, Battlefields and Chateaux of France

**Presenter: Rodney Gracey**

20th May, Russian Waterways

**Presenter: David Kilner**

3rd June, Alaska By Land and Sea

**Presenter: Chris Jordison**

17th June, Life in Lebanon

**Presenter: A U3A member**

5th August, Exploring South-West England

**Presenter: Liz Kerby-Eaton**

19th August, African Safari

**Presenter: Martin Crowe**

2nd September, Sicily

**Presenter: Fiona Wald**

21st October, The Ancient City of Kyoto

**Presenter: Jenny Harris**

4th November, A Circuit of Iceland

**Presenter: Pauline Kemp**

18th November, Christmas in Berlin and New Year in Norway

**Presenter: Rodney Gracey**

**Co-ordinators: Pauline Kemp & Rodney**

**Gracey** We are always looking for U3A members to offer presentations. Let us know if you would like to share your travel experiences!

## Italian

Thursday 10.45 -12.15pm Weekly

Starts Term 3 22nd July ECC MR2 Max 20

A simple course designed for people who would like to learn the basics of Italian going at a slow relaxed pace. Purchase of textbook is not necessary as worksheets will be emailed each week. Slowly build your vocabulary every lesson as you travel to a new destination in Italy with its interesting lifestyle, customs and traditions.

**Tutor: Marie-Antoinette Galletta** is of Italian descent, has extensive experience teaching Italian and has visited Italy numerous times.

## French Continuing (Level 2)

Thursday Term 2 11:00 -12:30am Weekly

Term 3,4 9.00 -10.00 am Meeting by ZOOM

**NB This course is currently not taking new participants. Enquiries welcome for 2022.**

Do you want to learn French, but can't be bothered travelling to classes? Why not learn in a small group in the comfort of your own home at a slow, relaxed pace using ZOOM? We study one section of "Basic French" each week, going through the grammar and exercises together, then practise reading aloud, building up useful vocabulary and learning to communicate in French. To finish off the lesson, the travelogue takes us to various destinations in France.

**Tutor: Marie-Antoinette Galletta** has been teaching French at U3A Prospect (now Inner North) since 2019 and at U3A Campbelltown since 2013. Before that, she worked in a private boys' college for 17 years. Marie has visited France four times and loves travelling and cruising in particular. She is on the Board at U3A Campbelltown, is a member of Inner Wheel NES and is Vice-President of the Arena Community Club.

Materials required: "Basic French" by Eliane Kurbegov – Practice Makes Perfect – McGraw Hill Education.

# Friday

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## **Mah Jong for Non-Beginners**

Friday 9.30am-12.30 pm Weekly  
ECC MR1 Max 20

Mah Jong is a table game of 3-4 players and is played with a set of 144 special tiles. The game includes many interesting features of the old Chinese game but has been adapted to meet the demands of western countries. Mah Jong sets are supplied.

**Tutor: Daniel Turner**, an avid Mah Jong player.

## **Canasta**

Friday 1.30–3.30pm Fortnightly  
Classes start on the 2nd Friday of each term  
ECC MR2

Classic Canasta Version. Other versions may be on offer depending on player numbers. The objective of the card game Canasta is to beat the opposing team (or opposing players) by scoring more points. Although many variations exist for two, three, five or six players, it is most commonly played by four in two partnerships with two standard decks of cards. If you have a Canasta pack of cards, please bring along to ensure we have enough packs. Beginners and those who already know how to play are welcome.

**Group Leader: Kristina Barnett.**

## **Friday Book Group**

Friday 11.00am–12.30pm 1st Friday of the month

Meets at Payinthe, Prospect Road Max 10

Read books and meet new people. This is an opportunity for enthusiastic readers to come together once a month to discuss a particular book. Books are chosen by the group from a range of sets available at the Prospect Library. Members do not need to purchase books.

**Group Leaders: Jenny Smith & Evelyn Neuwirth**, both avid readers and talkers

## **Craft Beer Enthusiasts group**

Friday 1.00–3.00pm Monthly  
Various locations Max 10

Dates: 12th Feb; 12th March; 7th May; 4th June; 30th July; 27th Aug; 22nd Oct; 19th Nov.

Explore, analyse and appreciate the many varieties of craft beer, both Australian and international. Participants are encouraged to share their knowledge of beer and beer making. The group will meet monthly, on Fridays, at various locations such as local pubs and breweries, that will be decided prior to the day. On enrolment, participants will be informed of the location of the first session. This is a men's only group.

Members pay for their own drinks. It is expected that each participant will act responsibly in regards to drinking and driving.

**Group Leader: Neil Rossiter** has had a life long interest in beer and its history. He is an enthusiastic learner about the mechanics of beer making.

## **Classical Music Appreciation**

Friday 1.00 -2.30pm Monthly

2nd Friday of the month

Meeting in the home. Max 12

Listening, discussing and learning together, the group will meet in the tutor's home to share CDs and online music and share a mutual love of music. Outings to concerts might be scheduled.

**Group Leader: Jude Hennig** has always appreciated classical music and the enjoyment of sharing with others.

# Friday

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## **Tell Me What you Think**

Friday 1.30-3.00pm Fortnightly  
Sessions start on Week 1 of each term  
ECC MR2 Max 20

The group discusses topical social, cultural and political issues under the heading of current affairs, using a wide variety of reputable sources to investigate and reflect on issues in an effort to better inform ourselves and understand the world. The group decide topics for each term. One member of the group researches and leads discussion on each topic. The current format is to choose one local, one national and one international topic per session.

Previous topics include:

A treaty with Australia's First Peoples

Globalisation and free trade

Australia, China and the USA

The political blame game

Electric motor vehicles

Abortion law reform

The cashless welfare card

Are social media organisations responsible for removing false news?

**Group Leader: David Kilner**, now retired, spent most of his career in the social welfare sector where he became expert at writing social welfare policy and was awarded a Doctorate in the Departments of Politics and History at Adelaide University on the topic of housing policy. He has also tutored in sociology and research methods at UniSA.

### **Out and About Program - important note**

The group leader for all Out and About activities is Janet Bradshaw.

You will receive contact details after you enrol.

As with all absences, if you are unable to attend a session, please advise the group leader direct.

It is particularly important to keep good communication on the day for Out and About activities.

The Out and About program is on the following pages.



# Out and About

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Various days and times. The contact for all Out and About activities is **Janet Bradshaw**. See the important note on the previous page.

## **The David Roche Foundation**

**Friday, 19th February, 12.00pm**

A guided tour of *Fermoy House* and special exhibitions in the adjoining gallery wing.

David Roche's home, *Fermoy House*, on Melbourne Street, North Adelaide, together with the new, adjoining gallery building, constitute the exceptional art institution known as The David Roche Foundation. Enjoy the sumptuous house interiors crammed with objects collected over a lifetime and admire individual works of art displayed in the gallery.

Participants to meet at 241 Melbourne Street, North Adelaide at 11.55am

1 hour 20min tour then wander through the exhibition Max 10 per tour (2 groups of 5)

Fee \$20 (conc \$17)

## **Carrick Hill**

**Friday, 19th March, 10.00am**

The Tour Guide will take you through the house, telling the history of the Haywards and their home, as well as the artworks and furnishings. Amongst the many paintings are works by Dobell, Gaugin and Sickert. There are sculptures by Jacob Epstein of Albert Einstein, Bernard Shaw and Sir Winston Churchill. The house is decorated for English country life living and includes some interesting William Morris furnishings. Carrick Hill also holds exhibitions of artists related to the Haywards' collecting or patronage.

Minimum of 15 participants required

Duration: 1 hour Fee \$12

## **Prospect Air Raid Shelter**

**Wednesday, 5th May, 10.00am**

The Prospect Sub-communications centre (commonly known as the air raid shelter) was

built in 1942, as part of Australia's civil defence response. Participants will learn about the history of air raid precautions in Adelaide; will be shown two short film clips taken in Prospect from the era and will learn about the contribution of various community members to the war effort. They will hear stories of some of the personnel on the WW2 honour board, situated within the grounds of the shelter.

Participants are to wear enclosed shoes and bring their own drink bottle. Please note that there are 13 steep stairs to enter the air raid shelter. There is no disabled access.

Participants to meet at the Air Raid Shelter, Wilcox Avenue, Prospect (behind Toyota).

Duration: 1 hour

## **Heritage Walking Tour of Pt Adelaide**

**Monday, 17th May and 24th May, 10.30am**

Join Angy Henn on a leisurely walking tour of the State Heritage area of Port Adelaide. Angy grew up in Port Adelaide and will provide a wonderful insider view of the Port.

Grand, imposing buildings line the streets, with most of them erected during Port Adelaide's seminal years in the mid and late 1800s. At the time, it was the principal gateway to the colony for immigrants and provisions, and functioned as a shipping, transport and industrial hub.

Participants to meet outside of the Visitor Information Centre, 66 Commercial Rd (near the red Port Adelaide lighthouse) at 10.30, the tour will start and finish at this location.

Duration: 2 hours Option to have lunch at the Lighthouse Wharf Hotel (at your own expense)

## **West Terrace Cemetery – Heritage Highlights**

**Wednesday, 2nd June, 11.00am**

Join Linda Christy on the Heritage Highlights walking trail through West Terrace Cemetery.

The West Terrace Cemetery is South Australia's oldest cemetery, first appearing on Colonel

# Out and About

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William Light's 1837 plan of Adelaide. The two kilometre loop walk starts inside the cemetery's main entrance. You will discover the rich history of South Australia through the lives of those who helped shape it.

Limited parking available onsite or nearby on Sturt Street and Wylde Road. Entry via main entrance of West Terrace directly opposite Sturt Street. Participants to meet inside the cemetery main entrance at 11.00, sturdy enclosed shoes essential.

Duration: 90 minutes Distance: 2km loop-walk

## Adelaide Town Hall

**Monday, 26th July, 10.00 (To be confirmed)**

A guided tour of the Adelaide Town Hall.

The Adelaide Town Hall is a significant icon in the history of the city and as the seat of local political power. Learn about the building's architecture, world famous organ, history, and Colonel William Light: British military officer and the first Surveyor-General of the Colony of South Australia.

Participants to meet outside the town hall entrance at 10.00am Duration: 1 hour

Max of 20 per tour Fee: free

## North Road Cemetery

**Monday, September 6, 10.30am**

Join Angy Henn on a leisurely walking tour of North Road Cemetery.

The cemetery is 7.3 hectares (18 acres) in size and has had over 24,000 burials since its foundation in 1853 and is maintained by the Anglican Diocese of Adelaide. There are many notable internments including Daisy Bates, Sir Ross and Keith Smith, ten Supreme Court judges and William Magarey of Magarey Medal fame.

Participants to meet at 1A Cemetery Avenue, Nailsworth (off Main North Road) at 10.30

Please allow 2 hours to complete. Option to have lunch at the Windmill Hotel (at your own expense)

## Folks on the Hill Historic Trail

**Monday, 18th October, 10.30am**

Join Angy Henn on a leisurely 2.0km historical walking tour through parts of North Adelaide.

North Adelaide is a treasure trove of historic cultural and architectural significance. This trail features Montefiore Hill, Brougham Place and Palmer Place which are well known for their large mansions including Christ Church and Bishops Court which date from early 1850s. Look out for the blue plaques which mark many heritage buildings.

Participants to meet at Wellington Square at 10.30, the tour will start and finish at this location. 3 hour parking available on adjacent streets.

Please allow 2 hours to complete. Option to have lunch at the Wellington Hotel (at your own expense)

## University of Adelaide Campus Tour

**Monday, 1st November, 10.30am**

Join Daniel Turner on a tour of the public areas of The University Adelaide. Daniel worked at the University for almost 18 years and conducted tours as part of his role, so is able to provide a great insider view of the campus.

He will take you through the various faculty areas, common areas and look at the various art work on Campus. He will tell you some interesting and novel stories about the various buildings and installations on campus. The tour should last around 1 hour and finish up at one of the cafes on site for a cuppa or a cool drink depending on the weather.

Participants meet at the front of the Art Gallery on North Terrace at 10.30am.

## Enrolment Information and Dates

**There are three steps - Register or renew your membership, then pay, then enrol.**

- New membership registration, renewal, fees, and how to pay are fully explained on our website [www.u3ainnernorth.org.au](http://www.u3ainnernorth.org.au)
- Full membership costs \$45 for the year. (Affiliate membership \$30)
- **Steps 1 and 2** You can register, renew and pay online at any time, but online enrolments do not open until 8th January 2021. Please allow several days between paying and enrolling.
- On registration, new members will be given a member ID and a password. When your payment has been processed you will be sent an email of confirmation.
- Our database will not permit you to enrol until payment is processed and you have received your confirmation email.
- **Step 3** To enrol after 8th January, go the website then to **Enrolments** and follow the clear instructions.
- In person enrolment day for those unable to join, pay or enrol online is Wednesday, 27th January, 10.00-11.30am at ECC in MR2. A proportion of class places is kept aside until this day so this group is not disadvantaged.
- Once term starts, you can register, pay and enrol at our 'office" at the ECC in MR1 on Fridays during term dates, from 9.30-11.00am.

### U3A Dates for 2021

Term 1 Tuesday 2nd February - Friday 26th March  
Term 2 Tuesday 27th April - Friday 18th June  
Term 3 Tuesday 20th July - Friday 10th September  
Term 4 Tuesday 12th October - Friday 19th November

**Mid Year Social Thursday 15th July am    AGM Thursday 2nd December am at ECC.**

Activities will run for 8 weeks in Terms 1-3 and for 6 weeks in Term 4 unless otherwise stated.

Please check the program carefully for locations. Most, but not all classes, are held at  
**Enfield Community Centre, 540 Regency Road Enfield.**

For all enquiries contact [admin@u3ainnernorth.org.au](mailto:admin@u3ainnernorth.org.au) Phone 0410 434 048



**U3A Inner North Enrolment Form**

First Name .....

Surname Name ..... Membership number.....

Please enrol me in the following courses. (Please write the title of each course on a new line.)

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Enrol online at [u3ainnernorth.org.au](http://u3ainnernorth.org.au) Enquiries [admin@u3ainnernorth.org.au](mailto:admin@u3ainnernorth.org.au)

Enrol in person at the U3A Inner North office at Enfield Community Centre, MR1 on Fridays 9.30-11.00am during U3A term times.